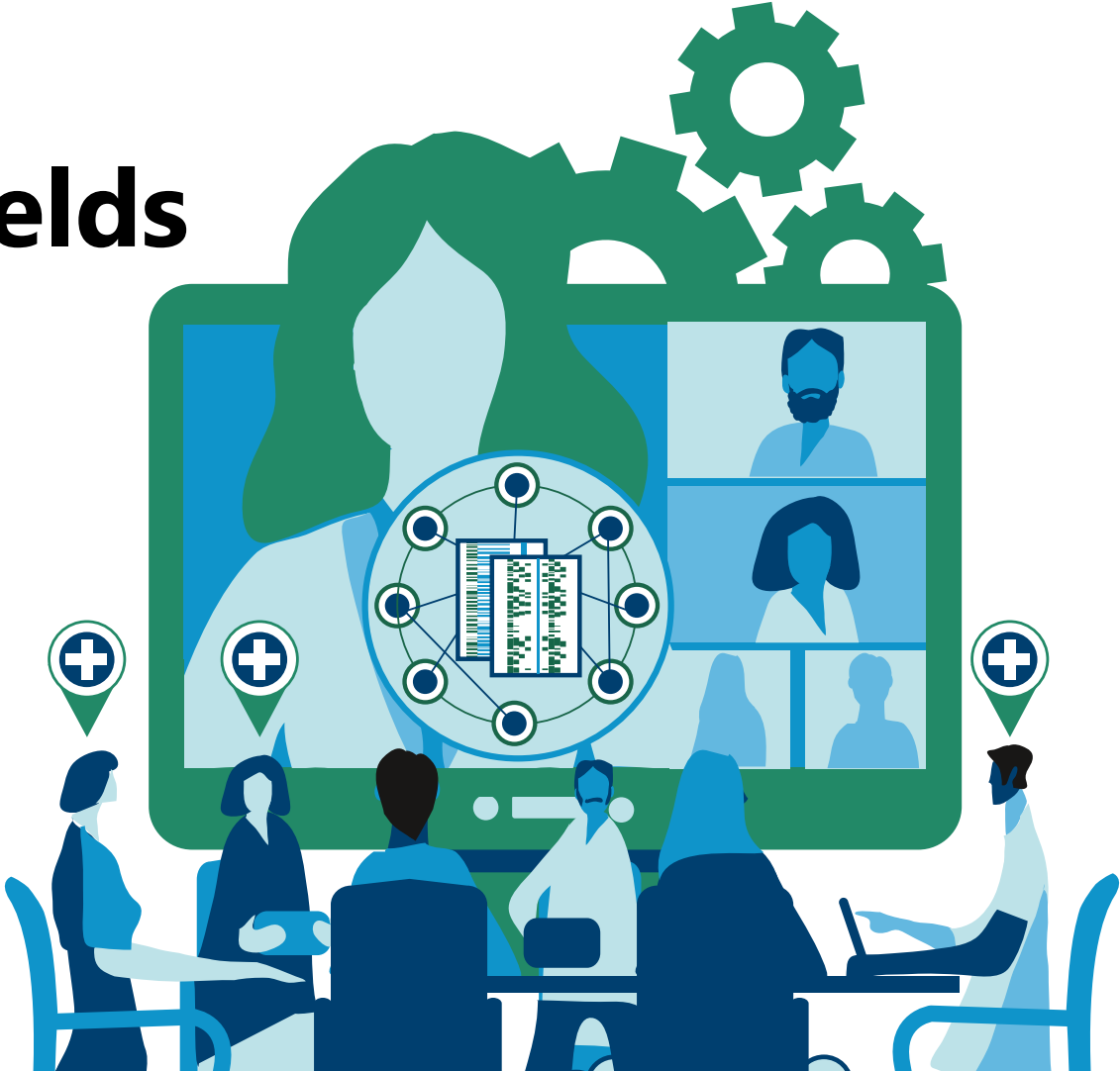


# Precision Medicine: Lessons from the Fields

Prof. Dr. Mark A. Rubin, MD



**INSELSPITAL**  
UNIVERSITÄTSSPITAL BERN  
HÔPITAL UNIVERSITAIRE DE BERNE



# Precision Medicine: Lessons from the Fields



# Disclosures

Nature of the Financial Relationship	Name of the Ineligible Company
Grant/Research Support	Genentech
Grant/Research Support	Novartis
Grant/Research Support	Roche
Honoraria/ Scientific Advisory Board	NeoGenomics Laboratories
Stock Holder/ Scientific Advisory Board	OWKIN
Patents	U6atac and SMARCA4 for diagnostics and therapy in prostate cancer (Uni. Bern); ETS fusion and SPOP Pca (Harvard and Cornell)

**Is precision, precision medicine?**



# PRECISION MEDICINE



# PRECISION MEDICINE

Precision medicine is a personalized approach in modern medicine. Individual characteristics such as genetic predisposition, environmental factors, or lifestyle of patients are accounted for in the treatment.

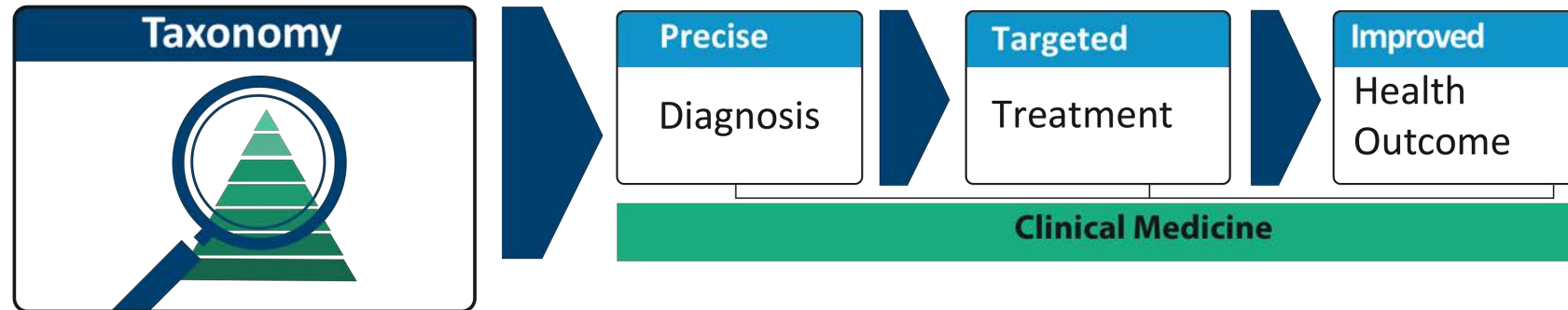


# PRECISION MEDICINE

Right treatment for the right patient at the right time.



# The Promise and Future of Precision Medicine

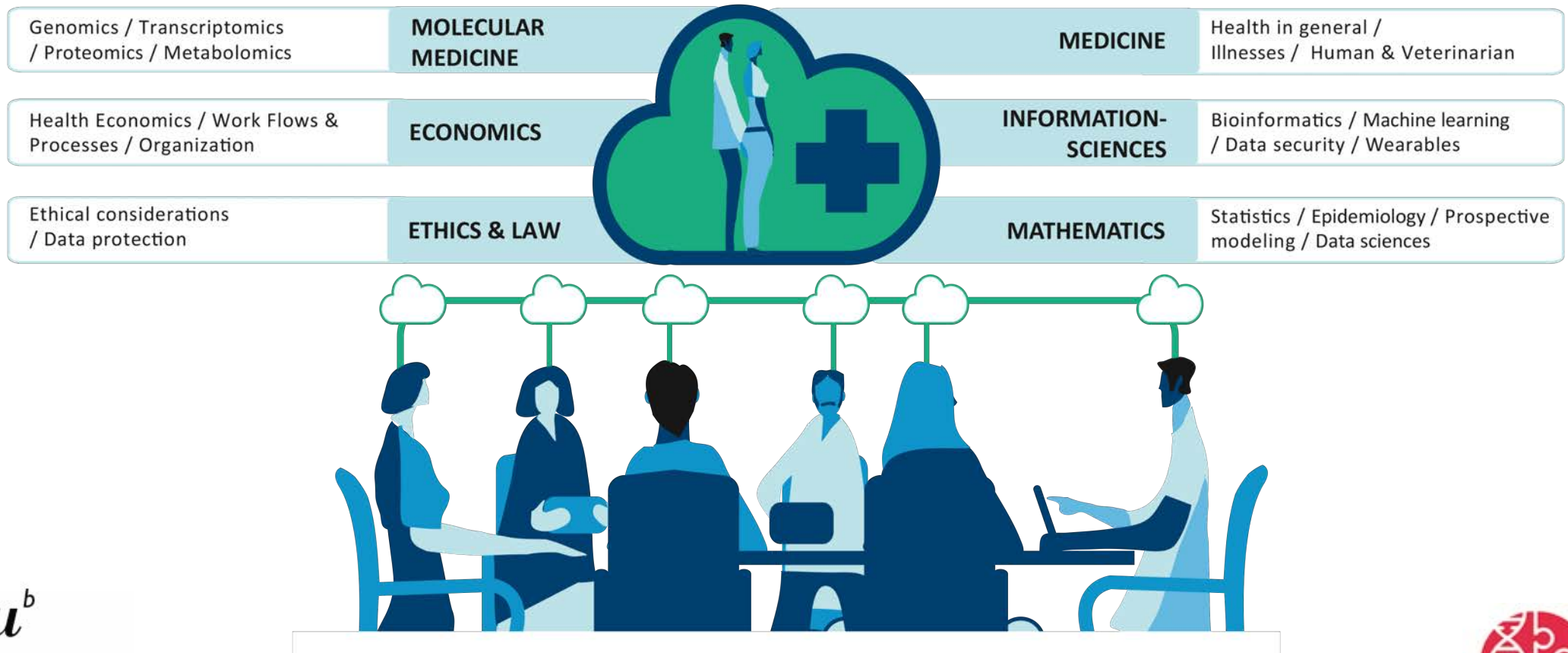


# Critical components required for Precision Medicine





# Towards a truly Interdisciplinary Collaboration



## TRADITIONAL MEDICINE

Same treatment for all



## PRECISION MEDICINE

Best treatment per patient



# Precision Medicine across the globe





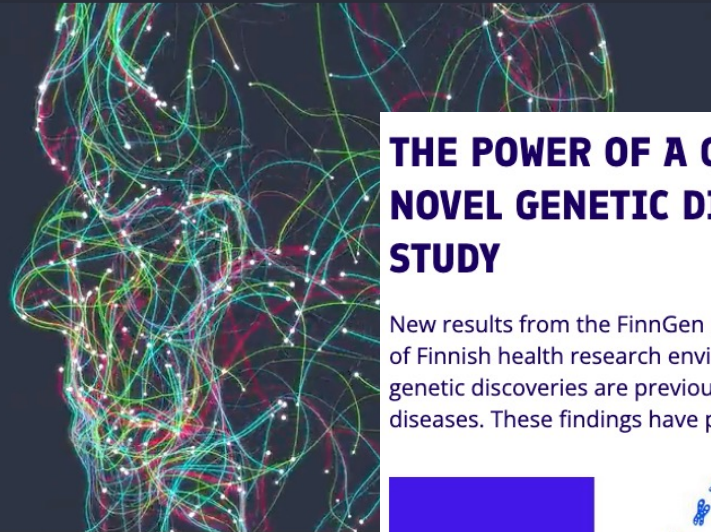


Genomics England

# Powering genomic medicine, together

We partner with the NHS to provide whole genome sequencing diagnostics. We also equip researchers to find the causes of disease and develop new treatments - with patients and participants at the heart of it all.

About us



## THE POWER OF A GENETIC ISOLATE: HUNDREDS OF NOVEL GENETIC DISCOVERIES FROM THE FINNGEN STUDY

New results from the FinnGen research consortium demonstrate the undeniable benefits of Finnish health research environment for genomic research. Among the wealth of novel genetic discoveries are previously unknown genetic risk factors for many debilitating diseases. These findings have potential to facilitate the development of new therapies.



Menu

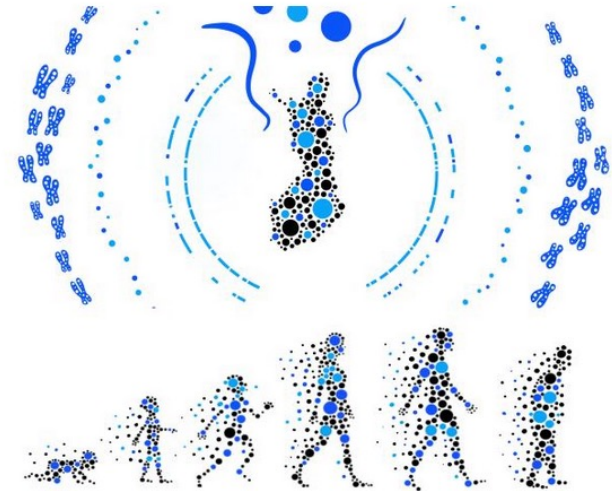


### Swiss Personalized Health Network (SPHN)

Infrastructure building to enable nationwide use and exchange of health data for research



FINNGEN



Credits: Alex Cagan

Since initiation in 2017, the FinnGen study has developed into one of the world's leading biobank-based genomic research projects. Currently FinnGen is completing the construction of a resource that integrates genomic information from 500,000 Finns with more than half a century of national health registry data.

Article

# FinnGen provides genetic insights from a well-phenotyped isolated population

<https://doi.org/10.1038/s41586-022-05473-8>

Received: 10 January 2022

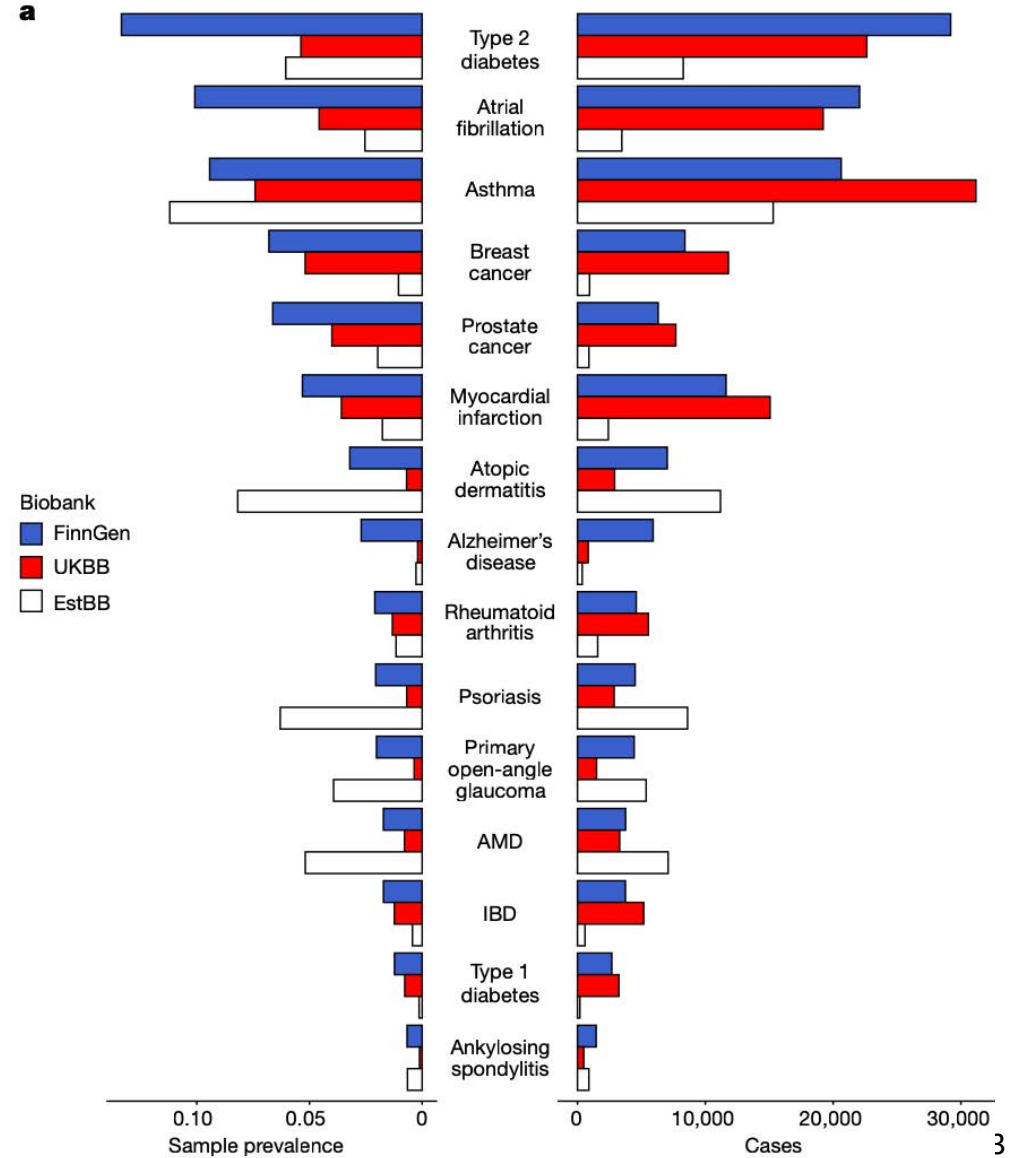
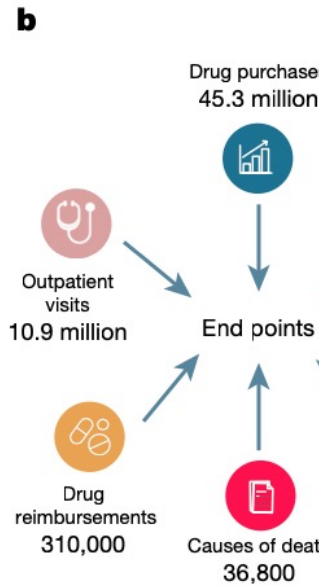
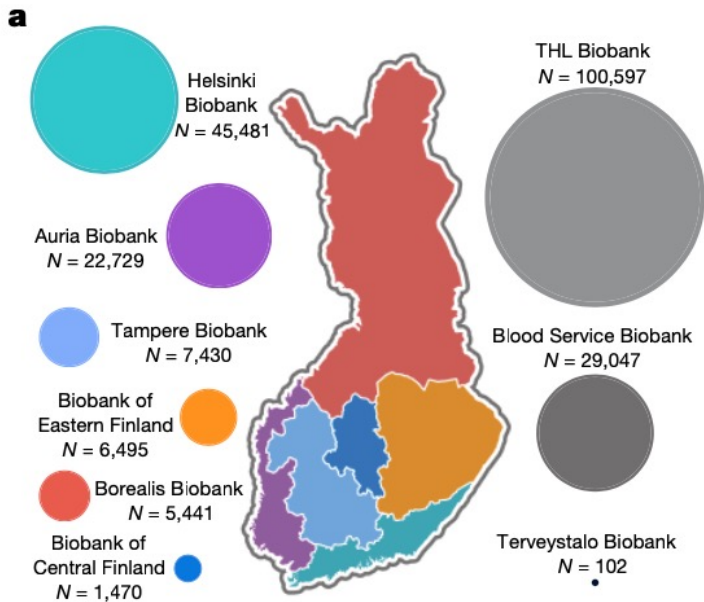
Accepted: 21 October 2022

Published online: 18 January 2023

Open access

Check for updates

Population isolates such as those in Finland benefit genetic research because deleterious alleles are often concentrated on a small number of low-frequency variants ( $0.1\% \leq$  minor allele frequency  $< 5\%$ ). These variants survived the founding bottleneck rather than being distributed over a large number of ultrarare variants. Although this effect is well established in Mendelian genetics, its value in common disease genetics is less explored<sup>1,2</sup>. FinnGen aims to study the genome and national health register data of 500,000 Finnish individuals. Given the relatively high median age of participants





Our initiatives > 100,000 Genomes Project

# 100,000 Genomes Project

Genomics England's very first initiative - sequencing 100,000 genomes from around 85,000 NHS patients affected by rare disease or cancer - is leading to groundbreaking insights and continued findings into the role genomics can play in healthcare.

## Aims of the 100,000 Genomes Project



### Make genomics part of routine healthcare

by working closely with the NHS to integrate whole genome sequencing



### Enhance genomic healthcare research

by creating the largest genomic healthcare data resource in the world

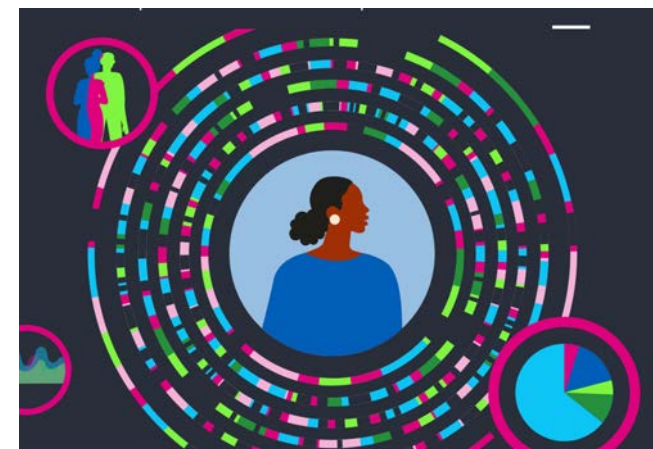
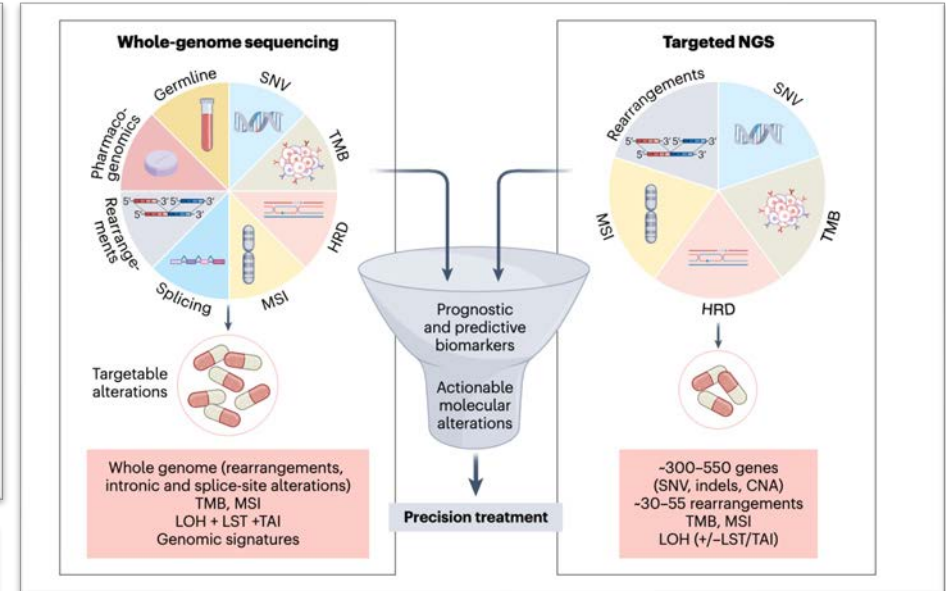
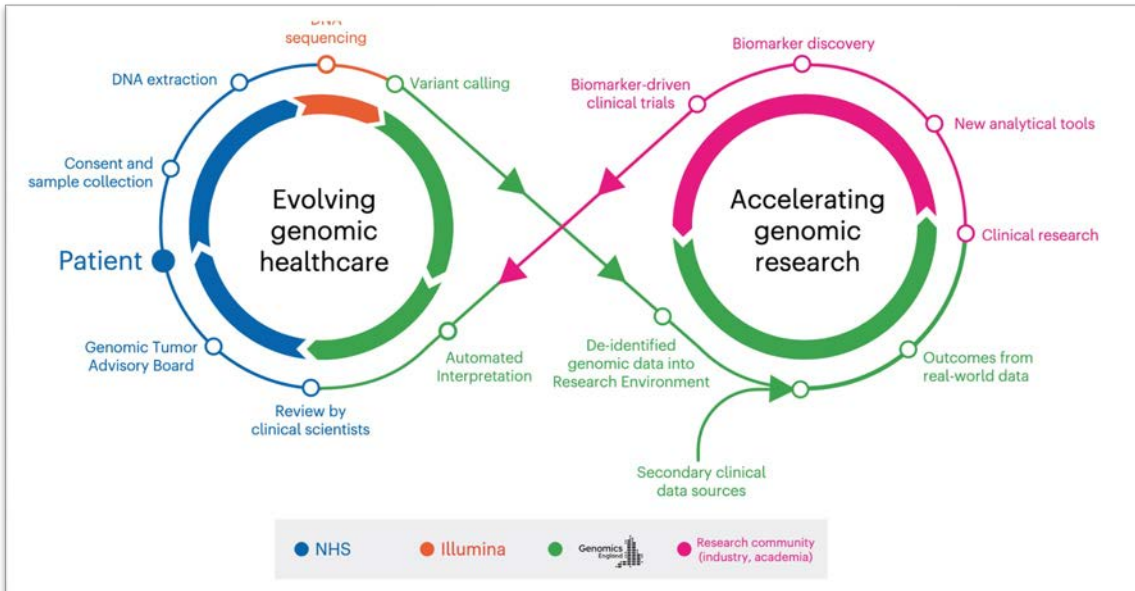


### Uncover answers for participants

both now and in the future through genomic-level analysis of conditions



# Insights for precision oncology from the integration of genomic and clinical data of 13,880 tumors from the 100,000 Genomes Cancer Programme



Read More





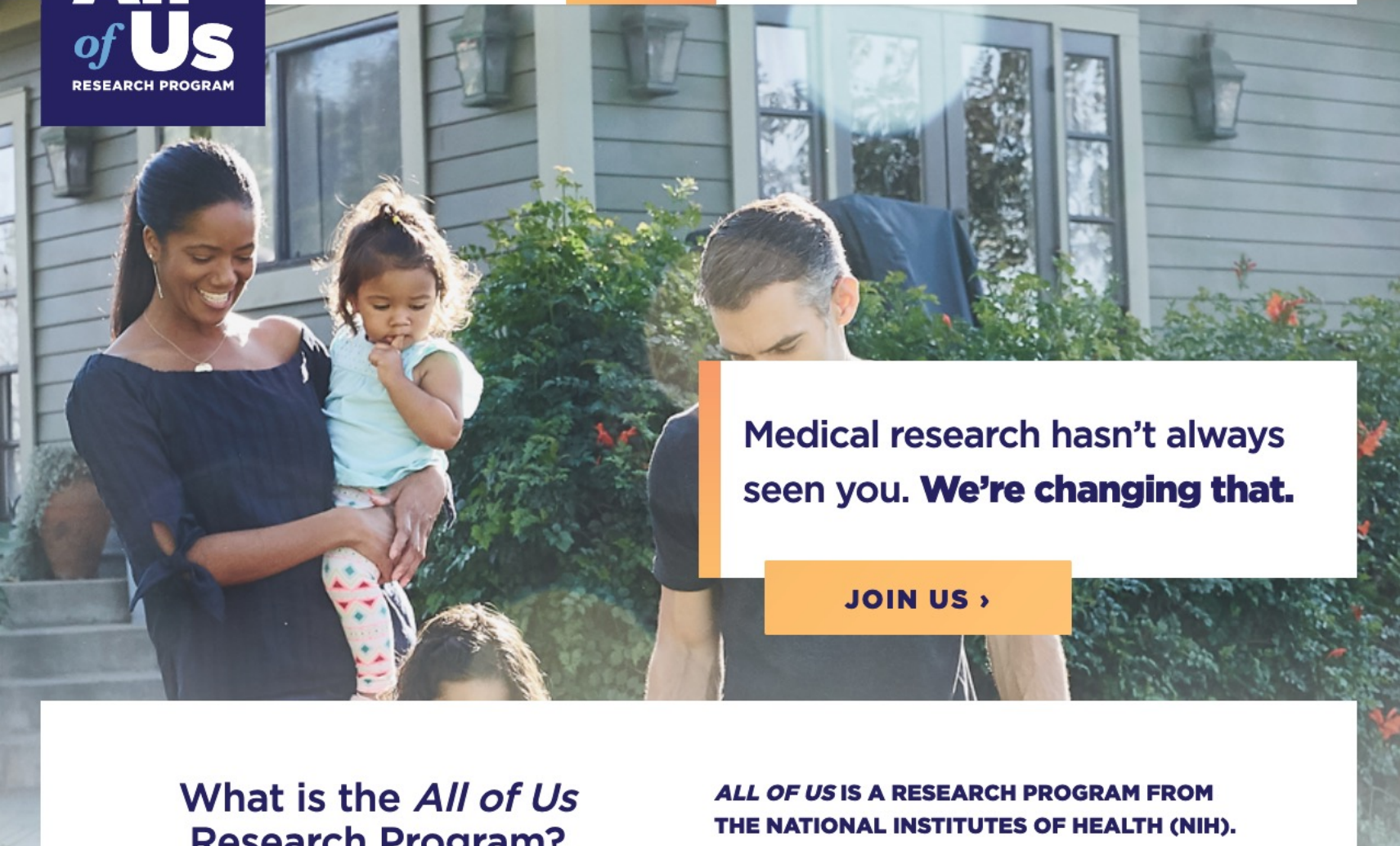


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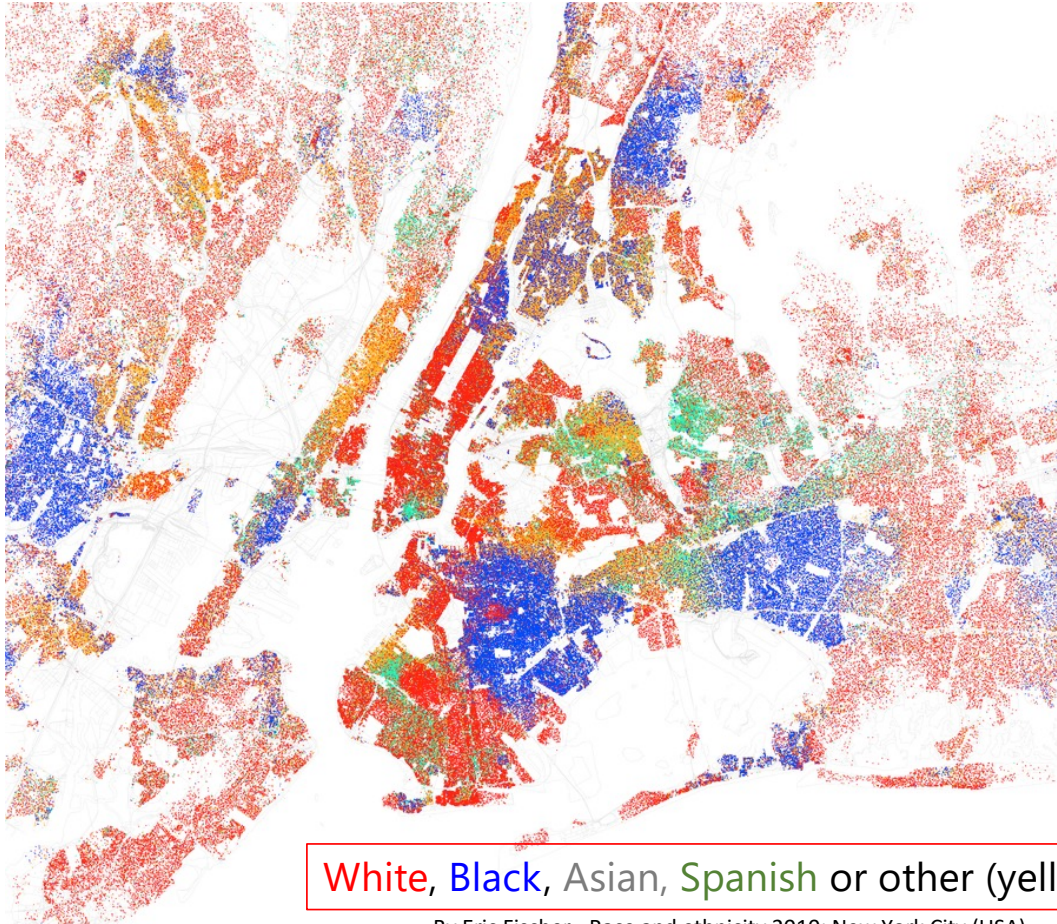
Medical research hasn't always seen you. **We're changing that.**

[JOIN US ›](#)

What is the *All of Us* Research Program?

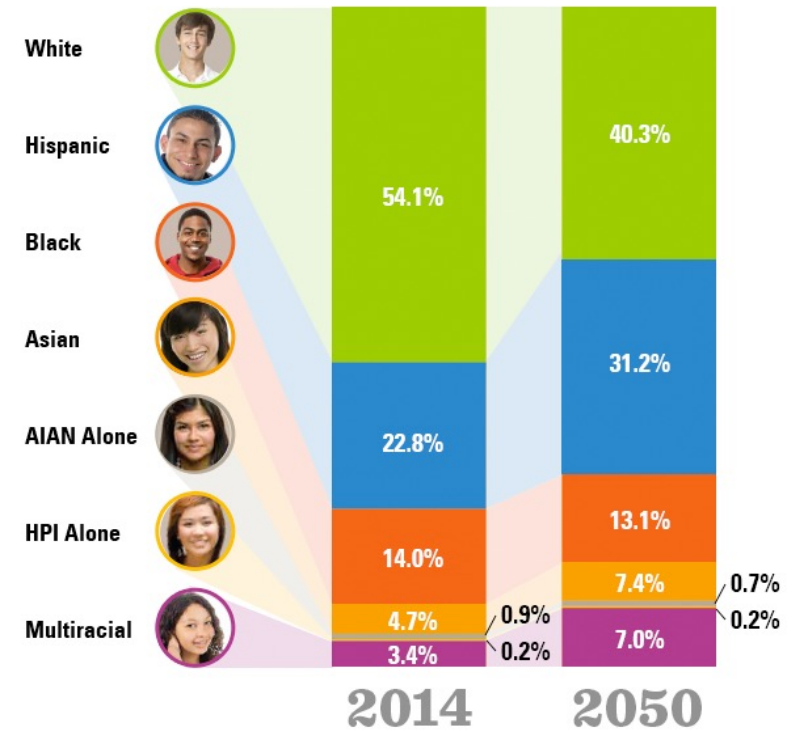
**ALL OF US IS A RESEARCH PROGRAM FROM THE NATIONAL INSTITUTES OF HEALTH (NIH).**

# Columbia-Cornell All of Us: Demographic Development in New York City



By Eric Fischer - Race and ethnicity 2010: New York City (USA)

## Changing race/ethnicity of America's adolescents



AIAN

American Indian and Alaska Native

By Mugeek Vidalondon



Article

# Genomic data in the All of Us Research Program



<https://doi.org/10.1038/s41586-023-06957-x>

The All of Us Research Program Genomics Investigators\*

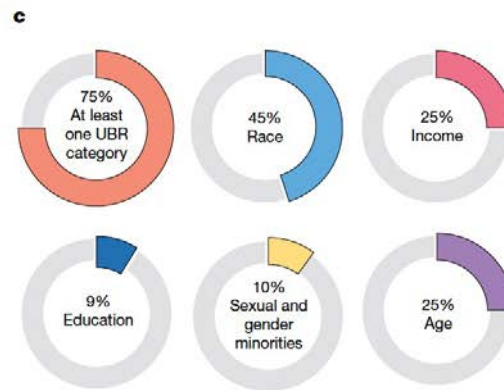
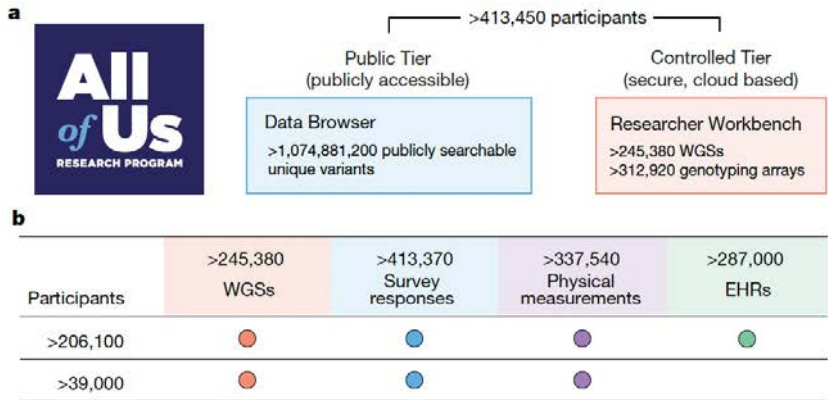
Received: 22 July 2022

Accepted: 8 December 2023

Published online: 19 February 2024

Comprehensively mapping the genetic basis of human disease across diverse individuals is a long-standing goal for the field of human genetics<sup>1-4</sup>. The All of Us

Nature, Feb 2024



All of Us Portal

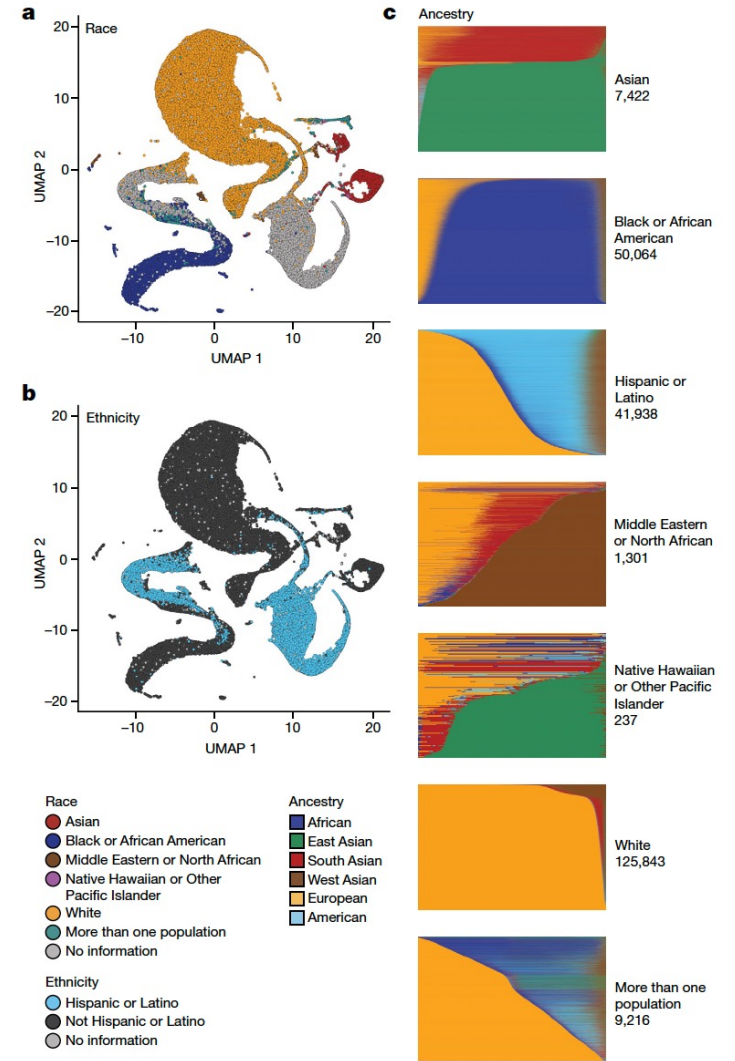


Fig. 2 | Genetic ancestry in All of Us. **a**, **b** Uniform manifold approximation and



# Genomic data in the All of Us Research Program

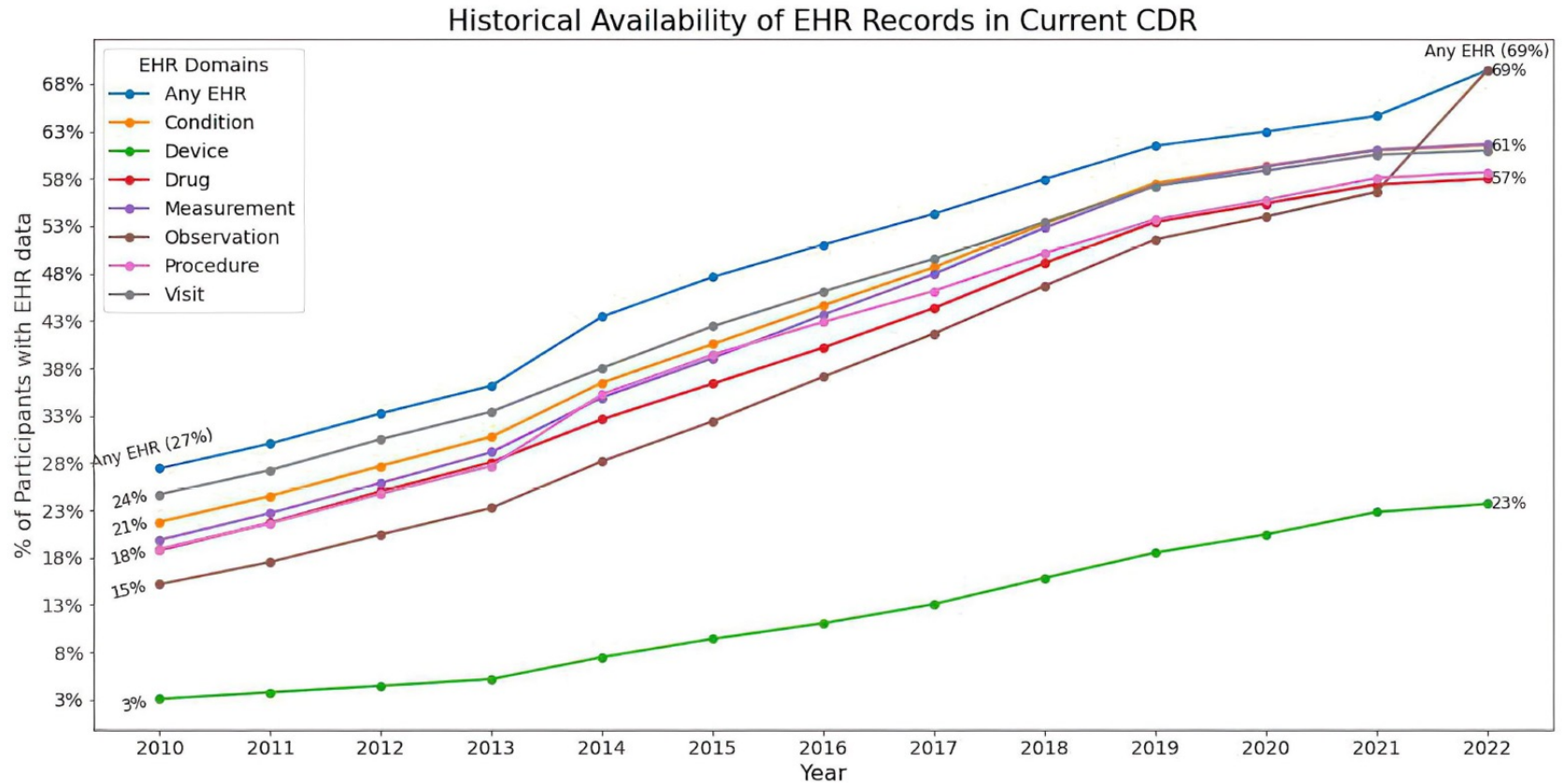
<https://doi.org/10.1038/s4158>

Received: 22 July 2022

Accepted: 8 December 2023

Published online: 19 February 2024

## Article



**Extended Data Fig. 1 |** Historic availability of EHR records in All of Us v7 Controlled Tier Curated Data Repository (N = 413,457). For better visibility, the plot shows growth starting in 2010.

# Investments vs. Gains



# Precision Medicine at what cost?

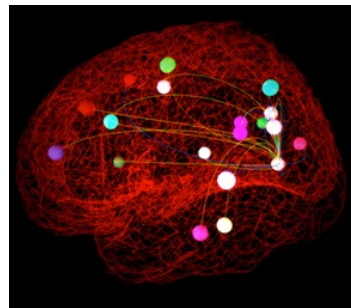
$F$  (PM)=Social and economic PM Model

			None	\$100
			Weeks	\$1000
			Months	\$10,000
			Years	\$100,000
Condition	Diagnosis	Treatment	Benefit	Cost

# Big Data transforms the Economy



High energy physics -  
Large Hadron Collider



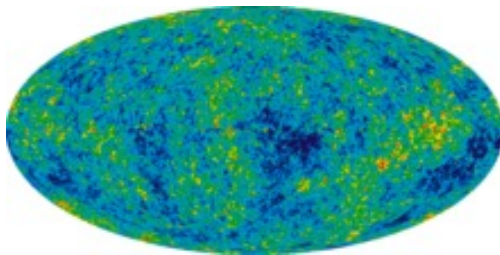
Neuroscience -  
The Human Connectome Project



Ecology - Fluxnet



Genomics  
DNA sequencer



Astronomy -  
Sloan Digital Sky survey



Knowledge of knowledge  
Meta-data of scientific documents

ISI Web of  
**KNOWLEDGE**  
Transforming Research



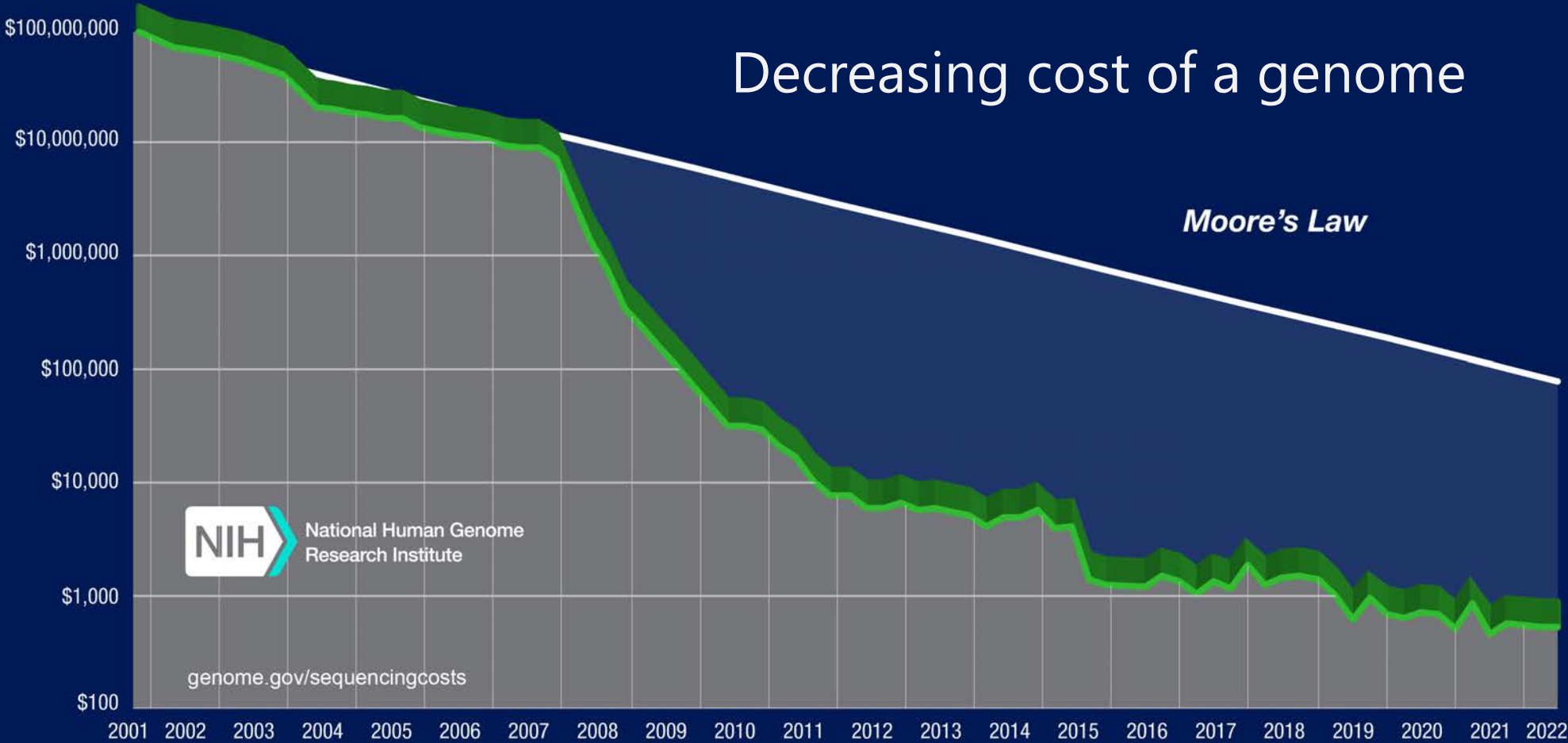
# Big Data transforms the Economy

## Decreasing cost of a genome

*Moore's Law*

**NIH** National Human Genome Research Institute

[genome.gov/sequencingcosts](http://genome.gov/sequencingcosts)

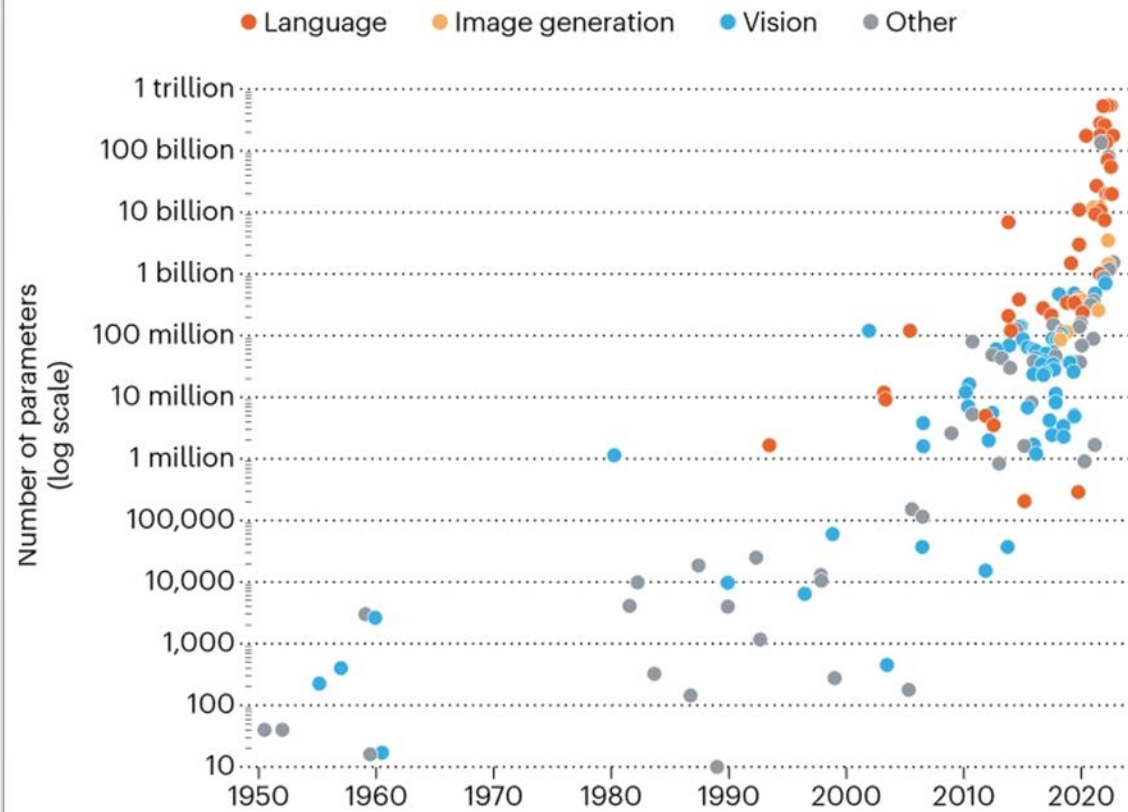




The explosion of available data and AI data content

## THE DRIVE TO BIGGER AI MODELS

The scale of artificial-intelligence neural networks is growing exponentially, as measured by the models' parameters (roughly, the number of connections between their neurons)\*.

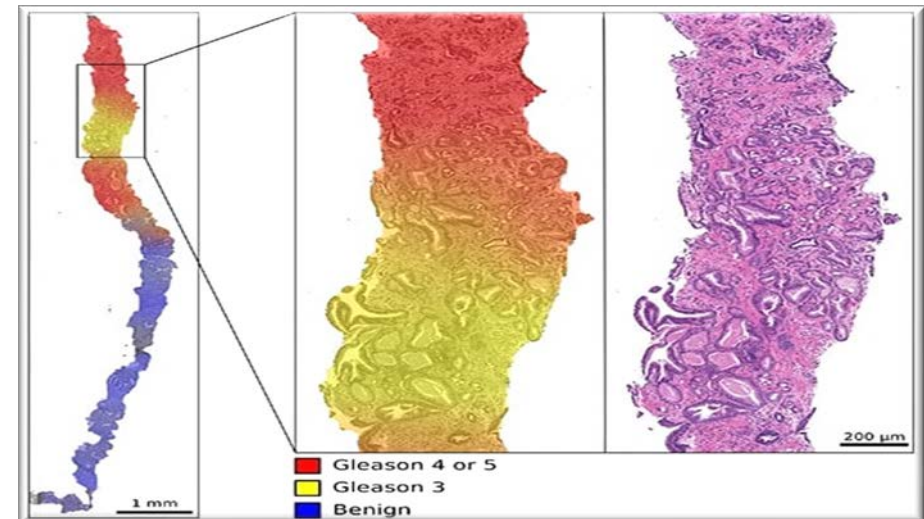
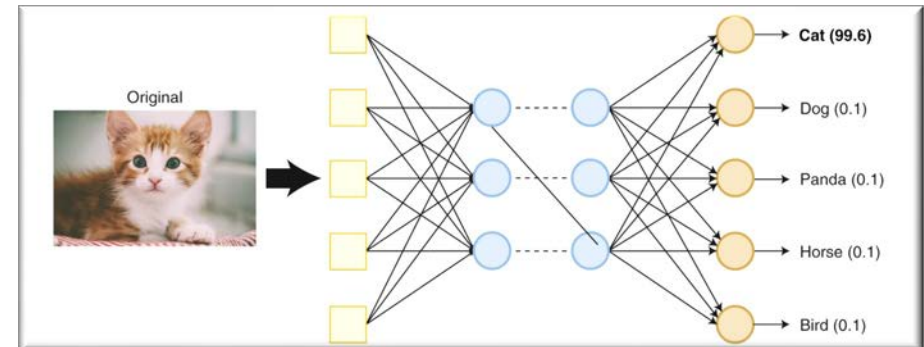
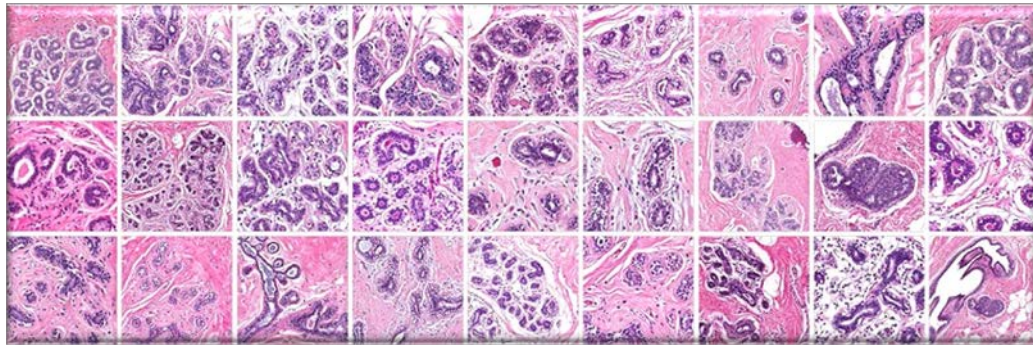


\*'Sparse' models, which have more than one trillion parameters but use only a fraction of them in each computation, are not shown.

©nature

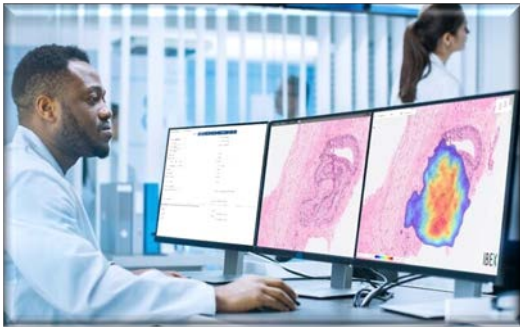
Nature 2023

# AI will Change How Medicine is Practiced: example pathology



# Big Data transforms the Economy

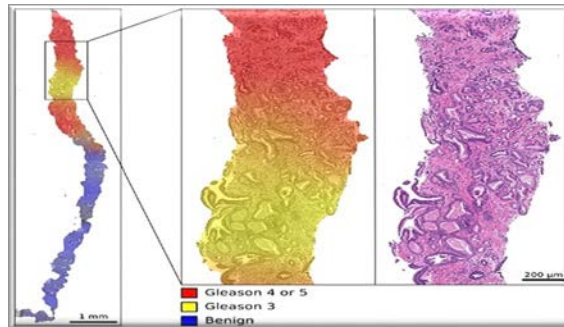
Phase 1



Assisting Pathologists

Costly systems provide help in daily workflow of diagnosis and reporting

Phase 2



Democratizing Pathology

Costly systems replace the need for expert pathologists assisting non-expert pathologists

Phase 3



Redefining Diagnostic Profession

Costly systems replace costly pathologists using massive data sources

# SMALL DATA



Where are you?



Where have you been?



What do you buy?



How often do you write e-mails?



How many people do you live with?

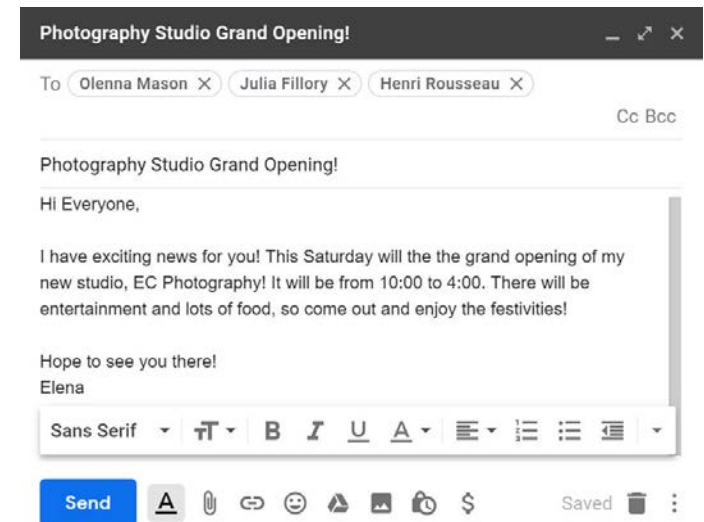
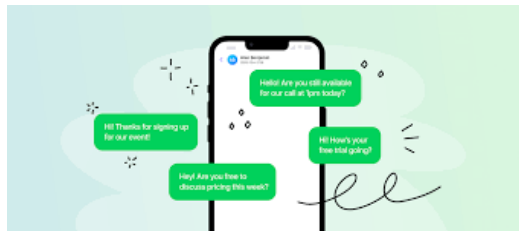
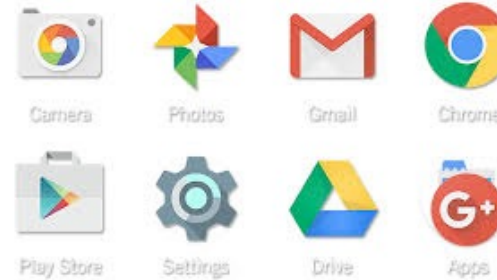


What do you look for in the Internet?  
When? How often?





But small data, too...



**Are you worried?**





# Genomic Data Protection

The dilemma of genomic research: Information sharing is against data privacy, but society benefits from medical research.



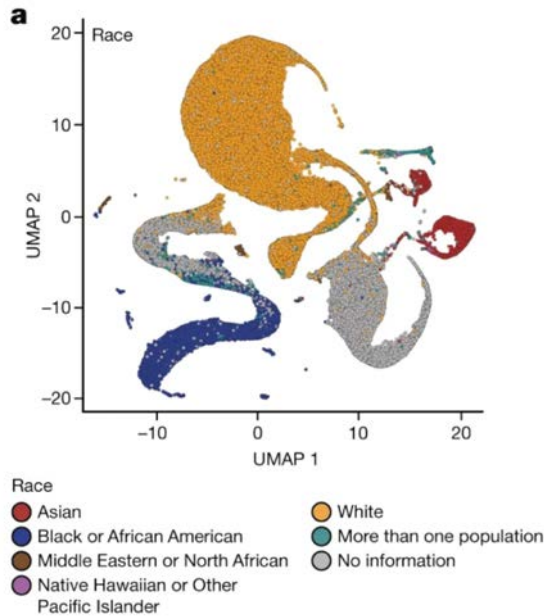
Balance: Risk/Benefits



NEWS | 23 February 2024

# 'All of Us' genetics chart stirs unease over controversial depiction of race

Debate over figure connecting genes, race and ethnicity reignites concerns among geneticists about how to represent human diversity.



“genetic variation is a **continuum**, and thus **genetic ancestry cannot be objectively carved out into discrete groups**”, says Roshni Patel, a statistical geneticist who works with Pritchard at Stanford University.

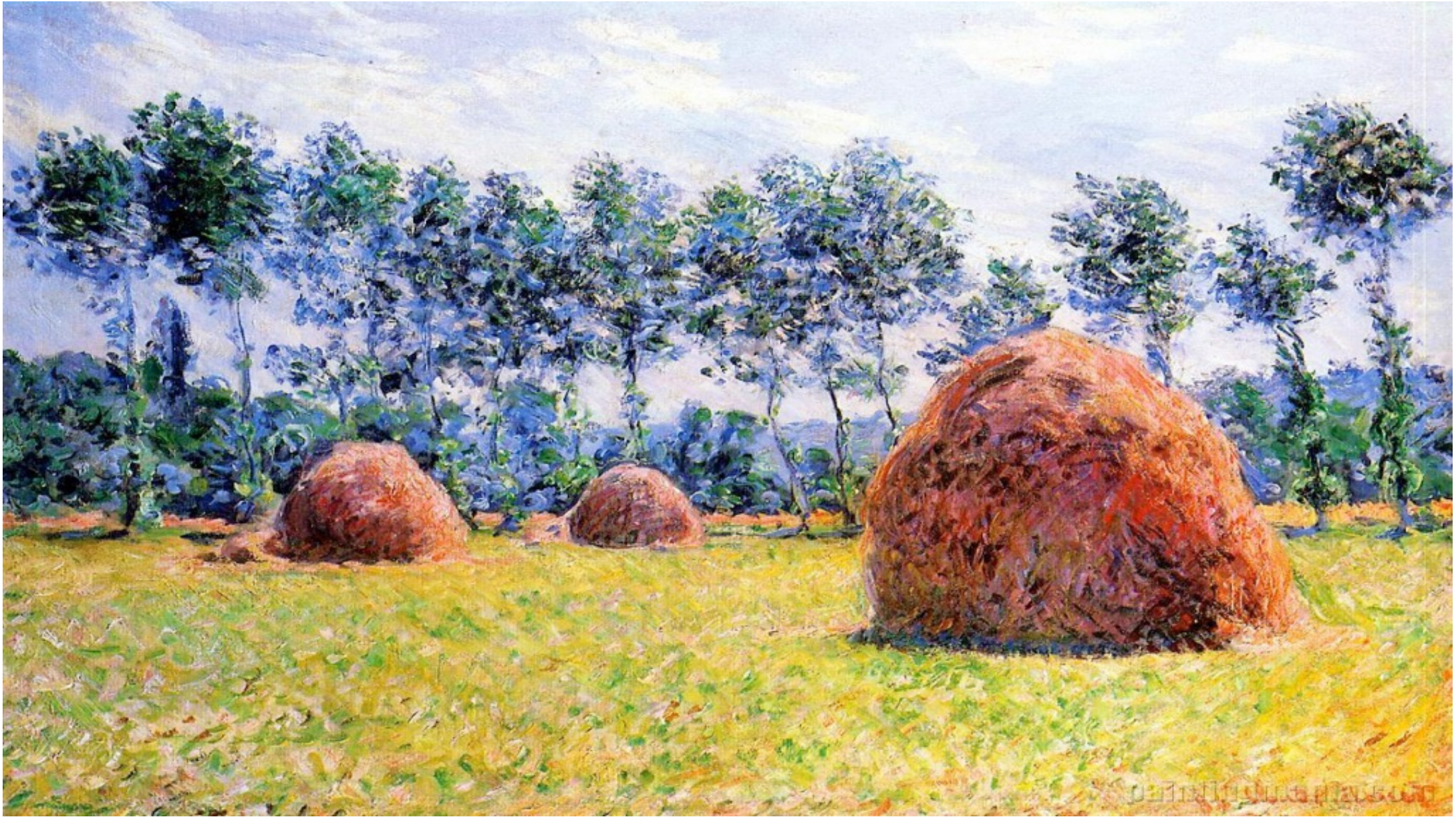
To a layperson, the chart shows **several distinct colourful blobs** that could be misinterpreted as supporting genetic essentialism — the pseudoscientific belief that racial or ethnic groups are distinct genetic categories, and that individuals of the same group are genetically similar, Birney says. That is the opposite of what the data show, Bick says. **“Our analysis reaffirms that race and ethnicity are social constructs that do not have a basis in genetics”**.

# Learning Solutions for the Health System

- Continuous improvement of standard of care treatment.
- Integrative dynamic analysis of patient data and “omics” data nominate novel treatment strategies.
- Individualize treatment to patient’s specific circumstances (e.g., genome, lifestyle, environment)
- Bedside to Bench scientific findings will improve training, education, and care.

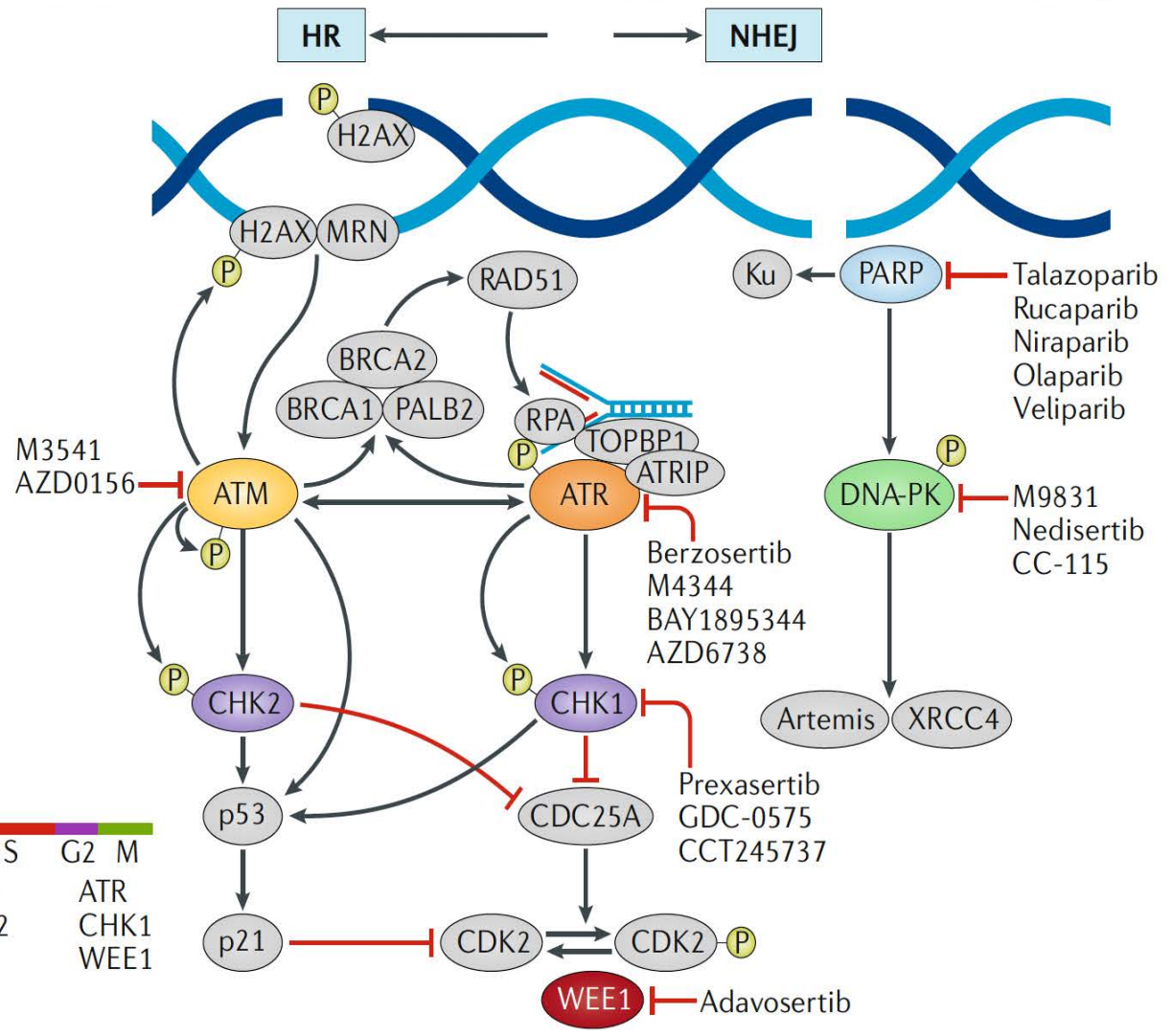
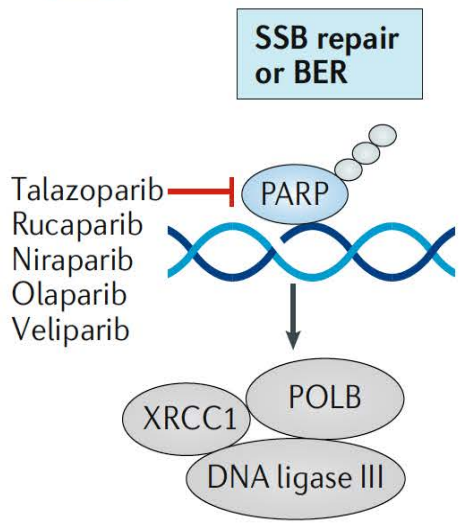
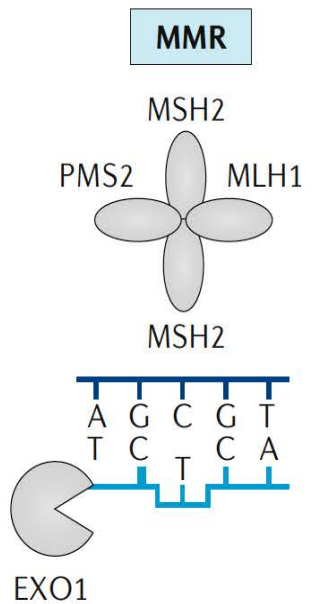






**Basic Understanding. New Treatments**

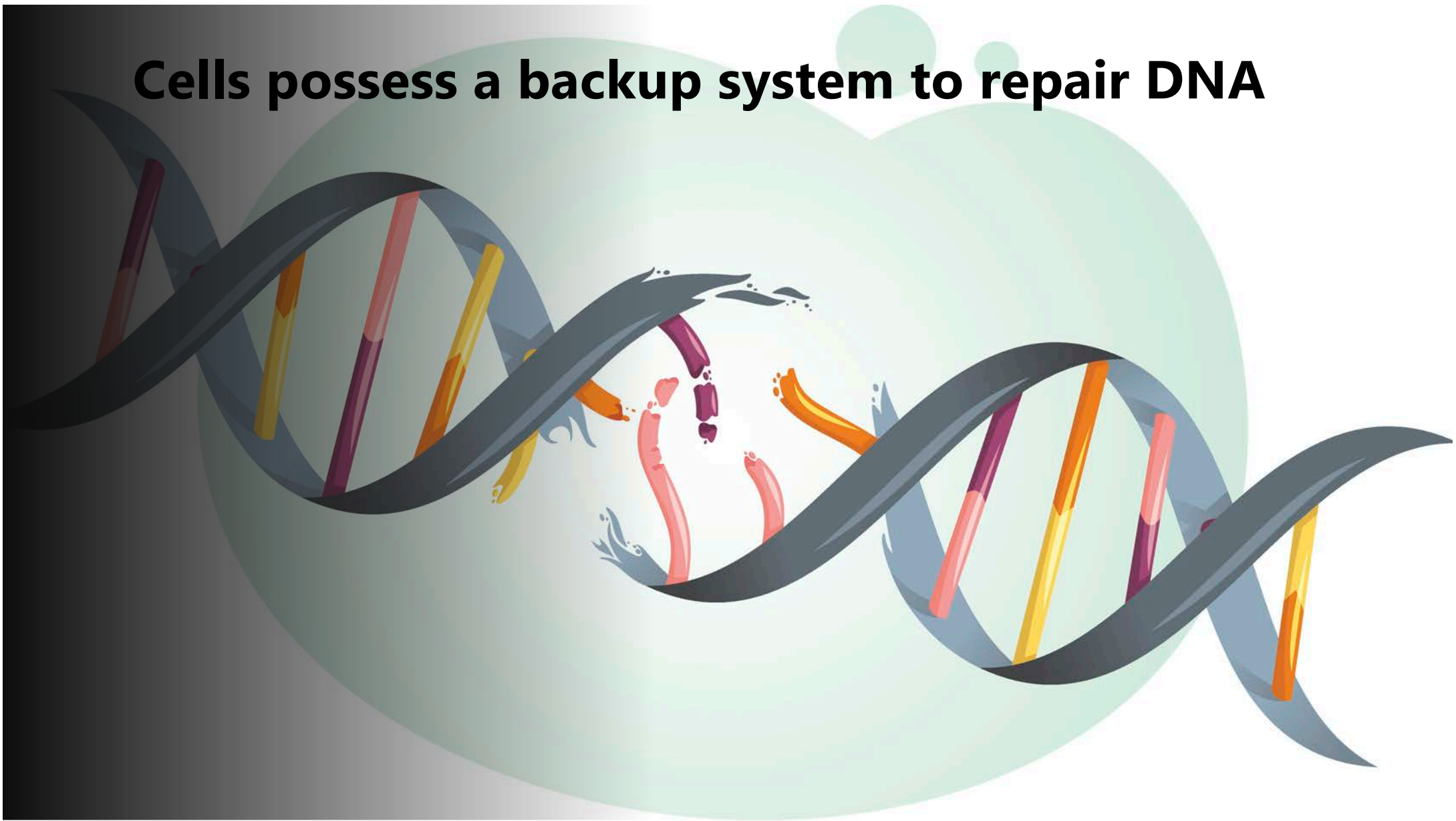




Phase	Key Kinases
G1	ATM
S	CHK2
G2	ATR
M	CHK1, WEE1

# DNA Repair

**Cells possess a backup system to repair DNA**





**Captain Chesley "Sully" Sullenberger and First Officer Jeff Skiles knew how to use backup**

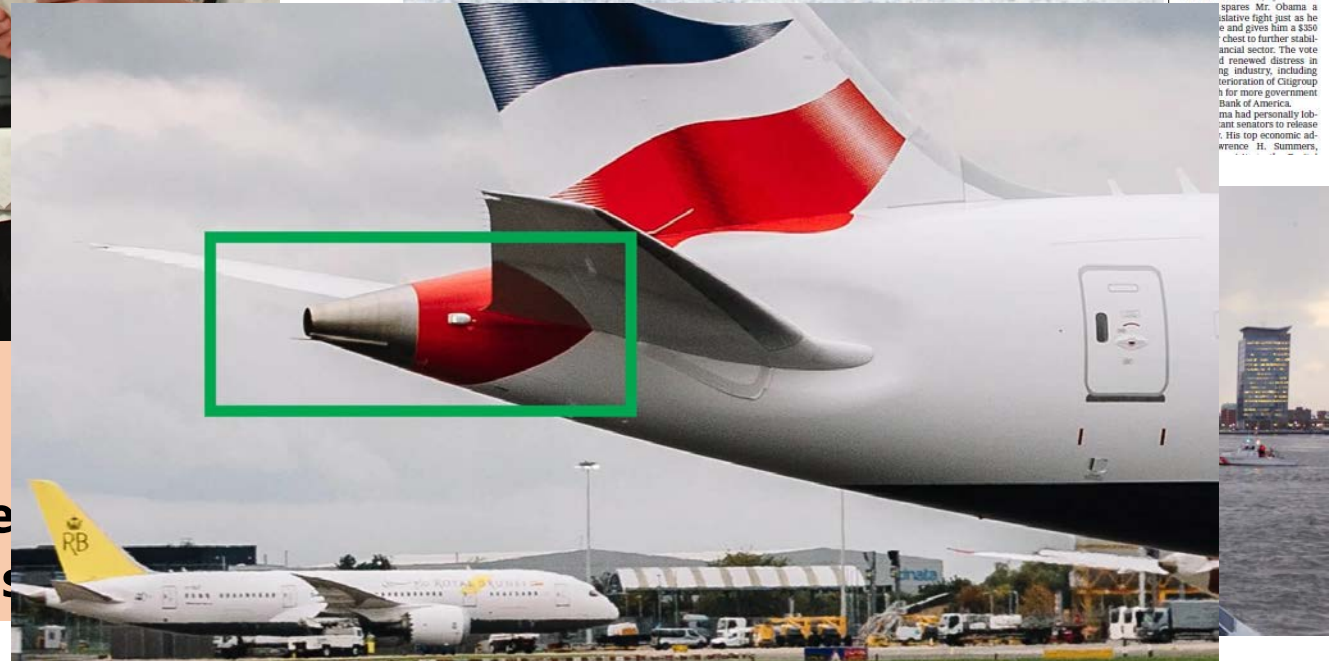


## SENATE RELEASES SECOND PORTION OF BAILOUT FUND

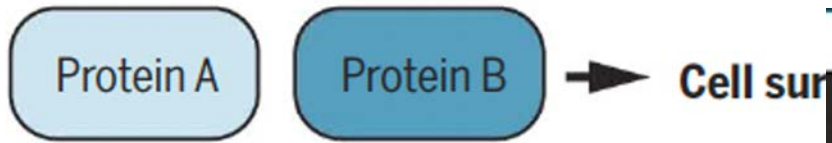
### A VICTORY FOR OBAMA

Democrats in the House Offer an \$825 Billion Recovery Plan

By DAVID M. HERZENHORN  
 WASHINGTON — President-elect Barack Obama's economic agenda advanced rapidly in Congress on Thursday as the Senate voted to release the second half of the financial industry bailout fund and House Democrats unveiled an \$825 billion fiscal recovery plan aimed at putting millions of unemployed Americans back to work.  
 The Senate action, by a vote of 68-32, spurs Mr. Obama's legislative fight just as he gives him a \$500 billion chest to further stabilize the financial sector. The vote renewed distress in the industry, including the reorganization of Citigroup for more government support from Bank of America. Mr. Obama had personally lobbied senators to release the fund. His top economic adviser, Lawrence H. Summers,







No alterations

Cell survival



Protein A altered

Cell survival



Protein B altered

Cell survival



Both altered

Cell death

## PARP inhibitor



IN 00303100679122  
10-0298E  
38620-01

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**Lynparza**<sup>®</sup>  
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Medication Guide to each patient.

**120 Tablets**  
Rx only

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*Lord and Ashworth, Science 2017*

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## Redundant engineering or synthetic lethality







Peter Nelson, MD  
 Dream Team Principal  
 University of Washington /  
 Fred Hutchinson Cancer Research Center



Arul Chinnaiyan, MD, PhD  
 Dream Team Co-Leader  
 University of Michigan



Levi Garraway, MD, PhD  
 Dream Team Principal  
 The Broad Institute



Philip Kantoff, MD  
 Dream Team Principal  
 Dana Farber Cancer Institute



Mark Rubin, MD  
 Dream Team Principal  
 Weill Cornell



Johann de Bono, MD, PhD  
 Institute of Cancer Research/  
 Royal Marsden Hospital



Charles Sawyers, MD  
 Dream Team Co-Leader  
 Memorial Sloan Kettering Cancer Center

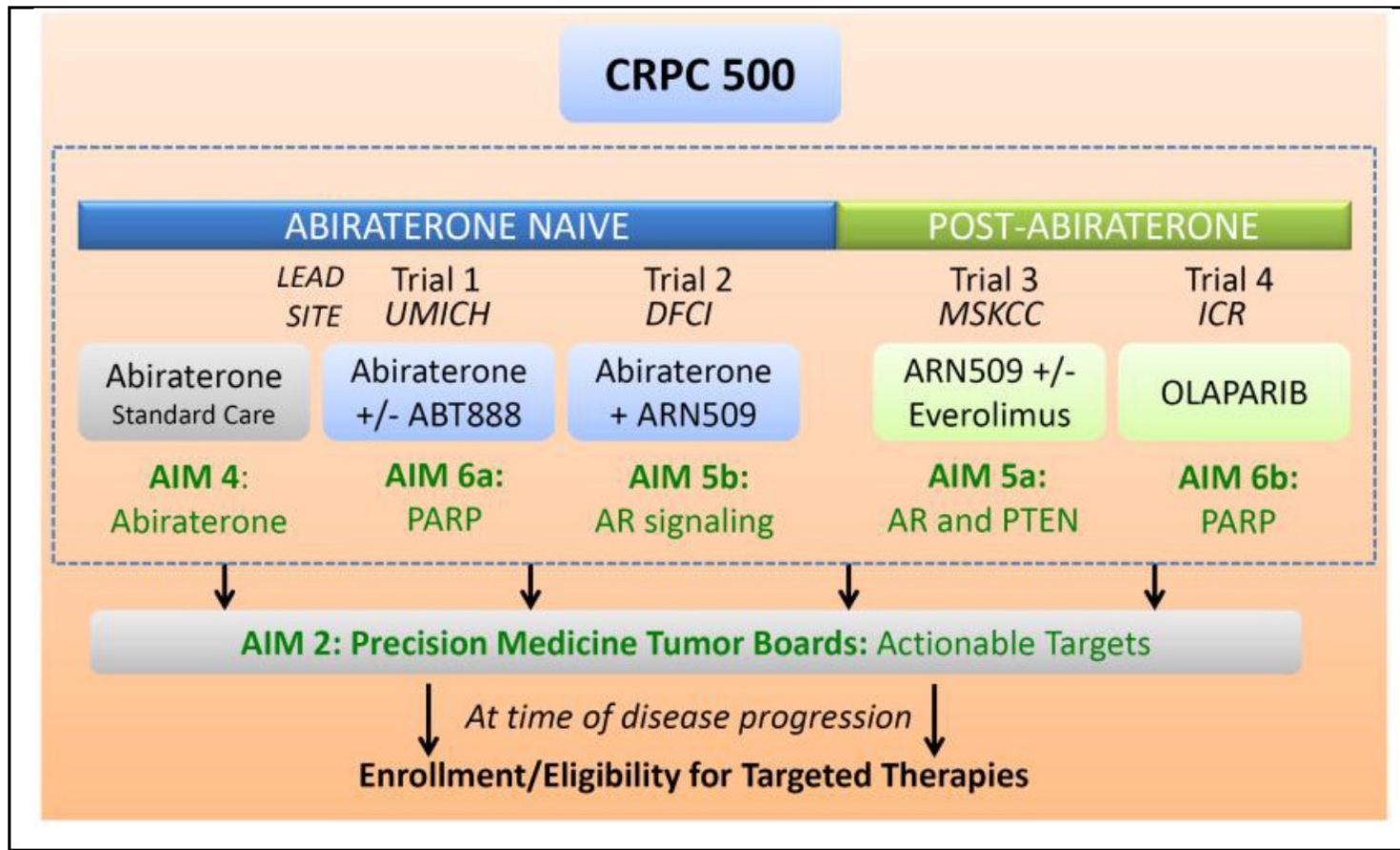


Read more



# SU2C/PCF Precision Oncology Trial 2013: Prostate Cancer





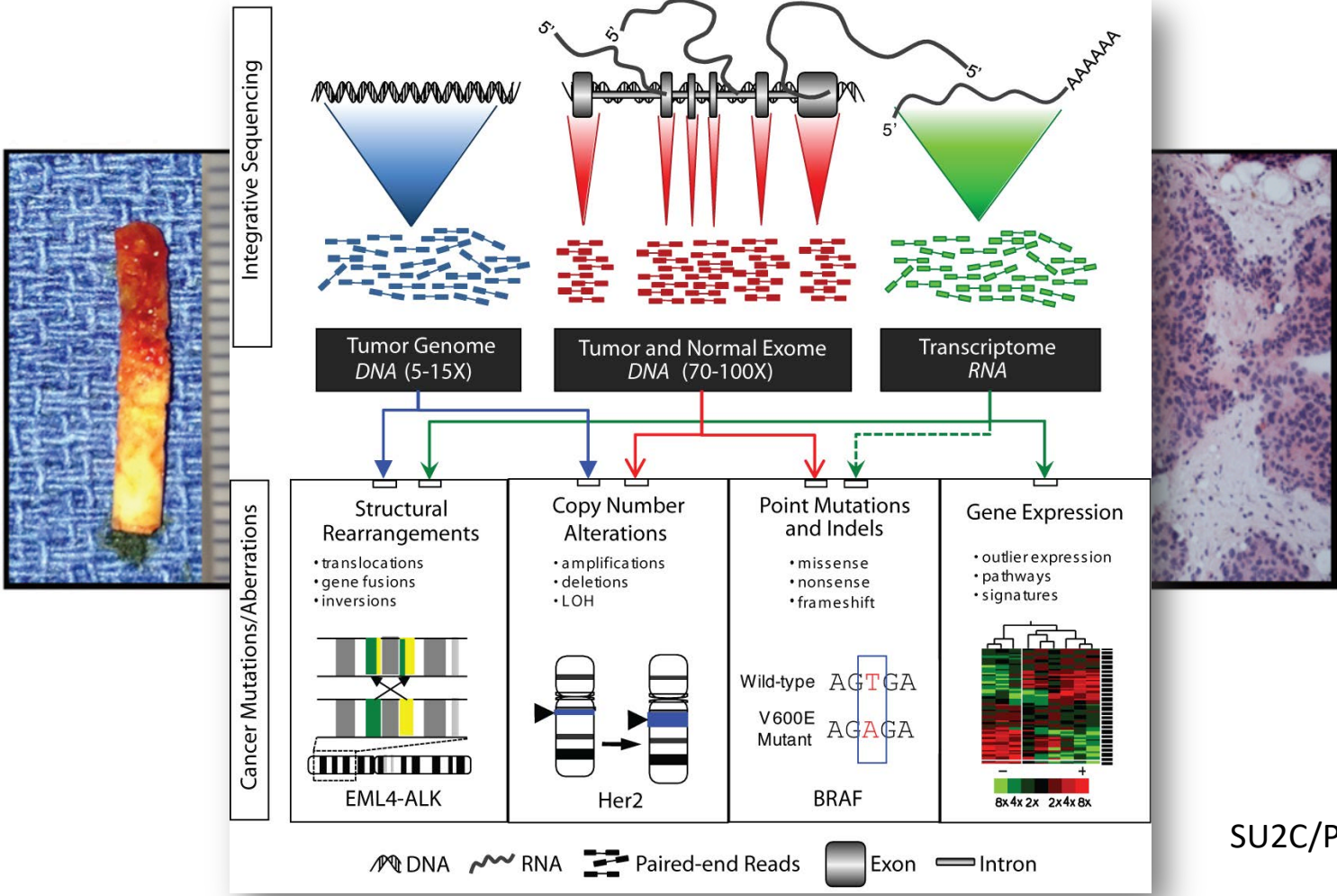
### Goals:

- 1) Enroll 500 Men with metastatic prostate cancer.
- 2) Perform comprehensive "omics" analysis of their metastatic tumor during treatment.
- 3) Provide information to guide the next treatment option.
- 4) Discover new treatments through basic science and translation research.



SU2C/PCF Precision Oncology Trial 2013:  
Prostate Cancer

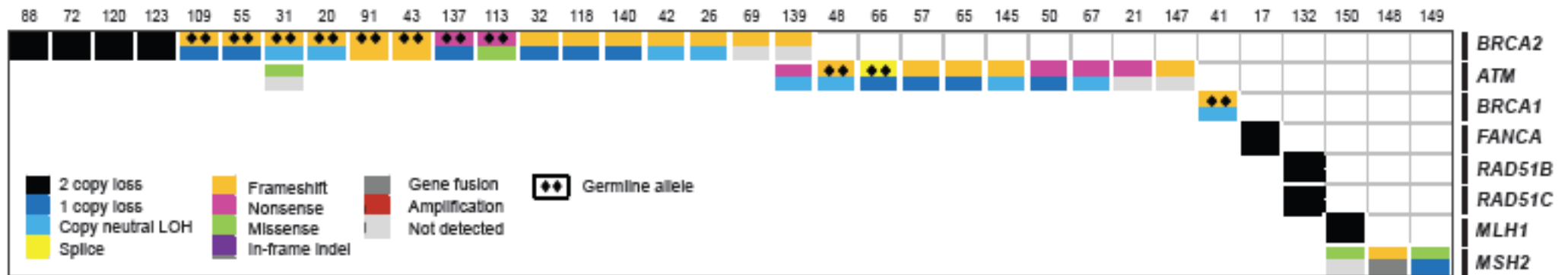
# Processing metastatic samples for pathology, RNAseq and WES



Read more

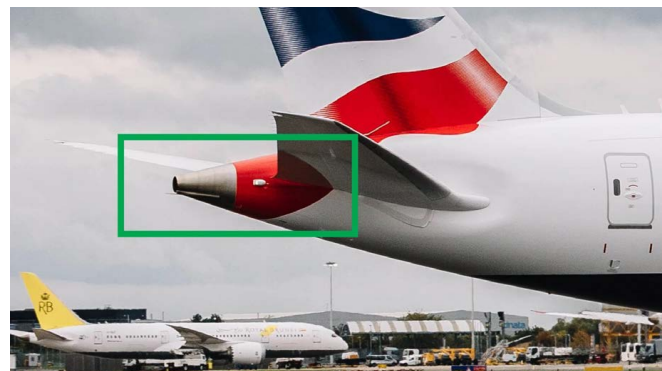


# Significant Alterations in DNA Repair Genes:



Robinson et al, Cell 2015

Read more



**BRCA1/2** and other DNA Backup System genes disrupted in 20-30% of Tumors



# DNA repair backup systems are being exploited for precision medicine

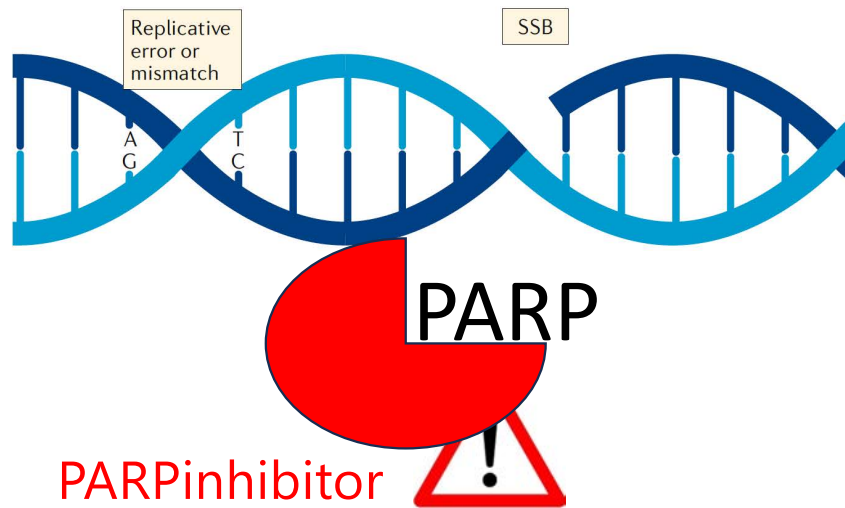


PARP



**DNA Repair Machinery**

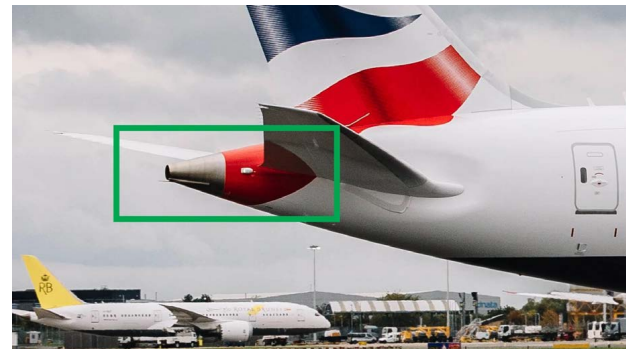
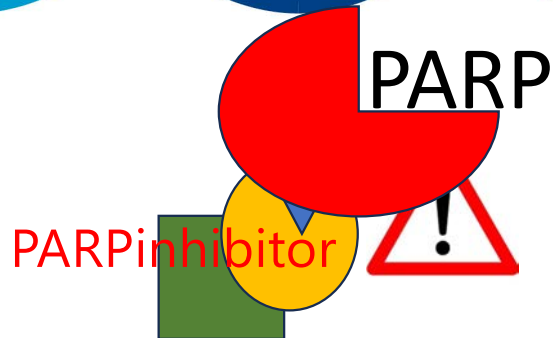
# DNA repair backup systems are being exploited for precision medicine



**DNA Repair Machinery**



# DNA repair backup systems are being exploited for precision medicine



**BRCA1/2** and other DNA Backup System genes disrupted in 20-30% of Tumors

**DNA Repair Backup Machinery**





# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

OCTOBER 29, 2015

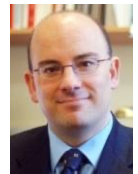
VOL. 373 NO. 18

## DNA-Repair Defects and Olaparib in Metastatic Prostate Cancer

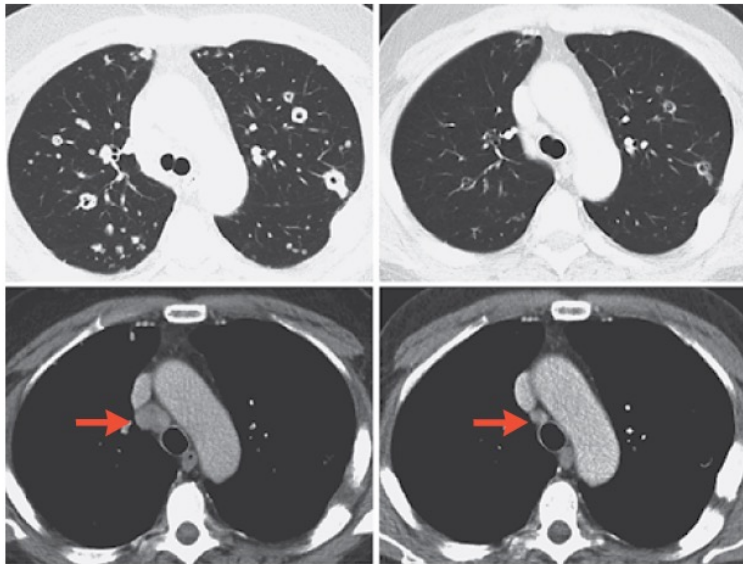
J. Mateo, S. Carreira, S. Sandhu, S. Miranda, H. Mossop, R. Perez-Lopez, D. Nava Rodrigues, D. Robinson, A. Omlin, N. Tunariu, G. Boysen, N. Porta, P. Flohr, A. Gillman, I. Figueiredo, C. Paulding, G. Seed, S. Jain, C. Ralph, A. Protheroe, S. Hussain, R. Jones, T. Elliott, U. McGovern, D. Bianchini, J. Goodall, Z. Zafeiriou, C.T. Williamson, R. Ferraldeschi, R. Riisnaes, B. Ebbs, G. Fowler, D. Roda, W. Yuan, Y.-M. Wu, X. Cao, R. Brough, H. Pemberton, R. A'Hern, A. Swain, L.P. Kunju, R. Eeles, G. Attard, C.J. Lord, A. Ashworth, M.A. Rubin, K.E. Knudsen, F.Y. Feng, A.M. Chinnaiyan, E. Hall, and J.S. de Bono



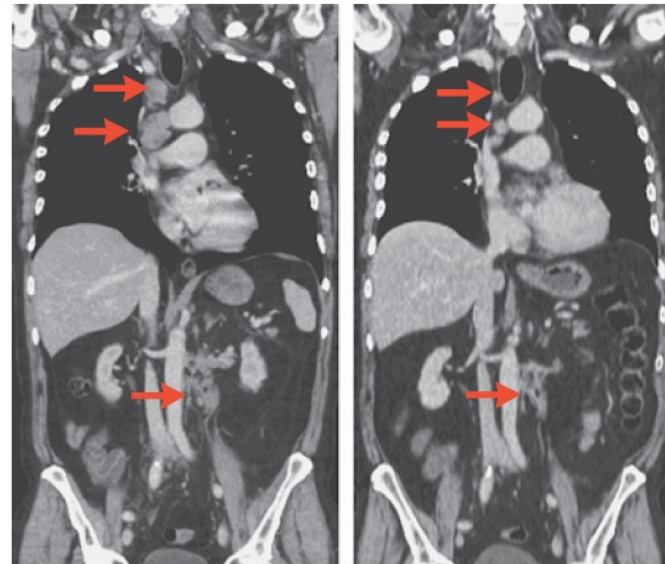
Johann de Bono, MD, PhD  
Institute of Cancer Research/  
Royal Marsden Hospital



A

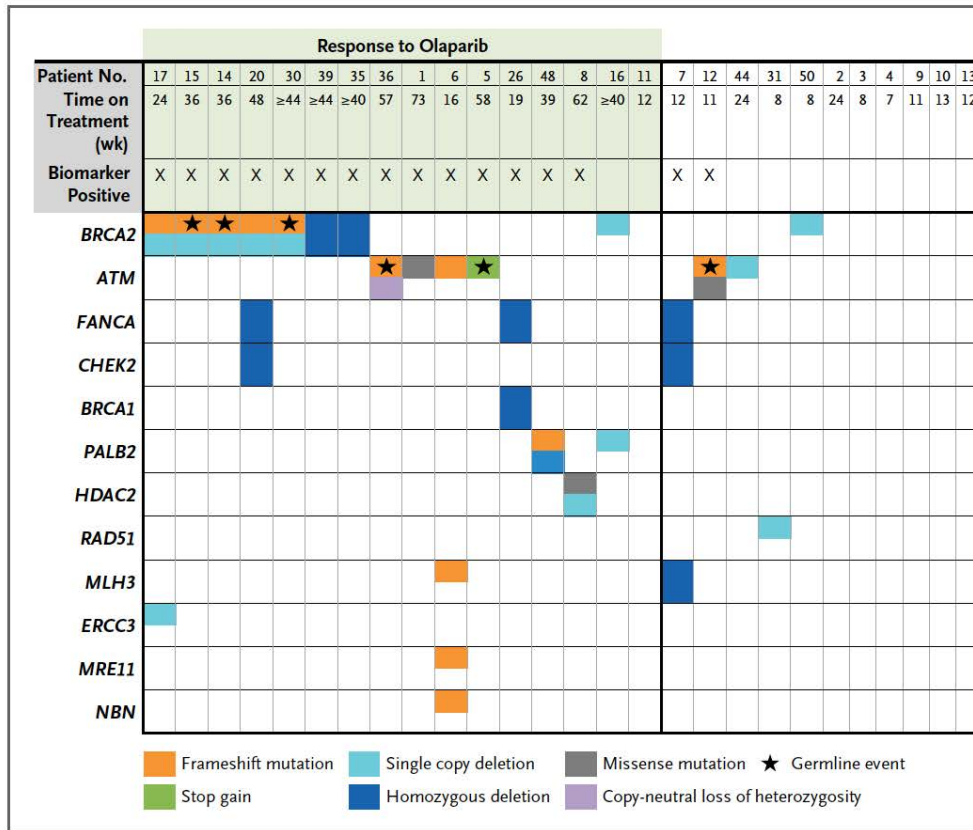


B

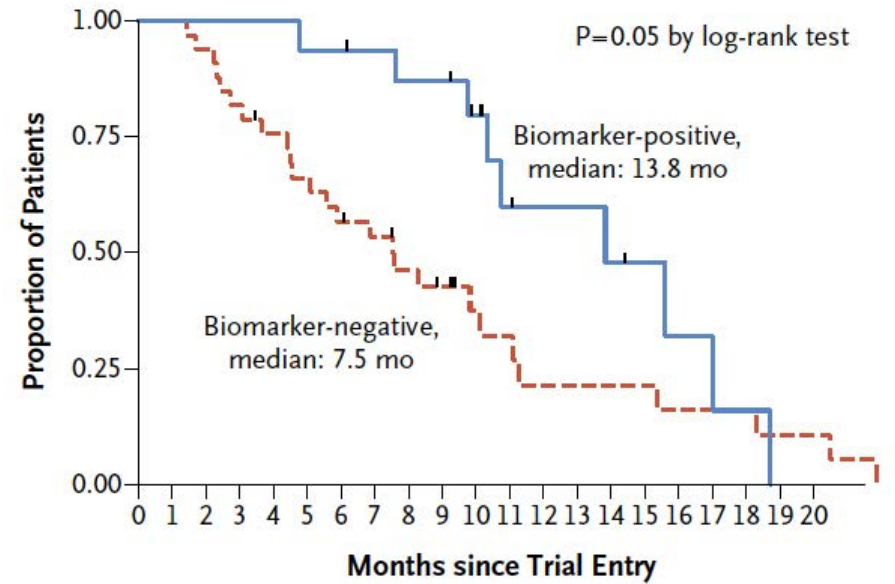


TOPARP Trial shows 30% Long Term Responders

NEJM, Oct 29 2015



### B Overall Survival



#### No. at Risk

Biomarker-negative	33	33	31	27	24	21	18	16	13	11	7	6	4	4	4	4	3	3	3	2	2
Biomarker-positive	16	16	16	16	16	15	15	14	13	13	10	6	5	5	4	3	2	2	1	0	0

#### No. of Events

Biomarker-negative	0	2	4	2	3	3	1	2	1	1	1	2	0	0	0	1	0	0	1	0	-
Biomarker-positive	0	0	0	0	1	0	0	1	0	1	2	0	0	1	0	1	0	2	0	0	-

ORIGINAL ARTICLE



# Survival with Olaparib in Metastatic Castration-Resistant Prostate Cancer

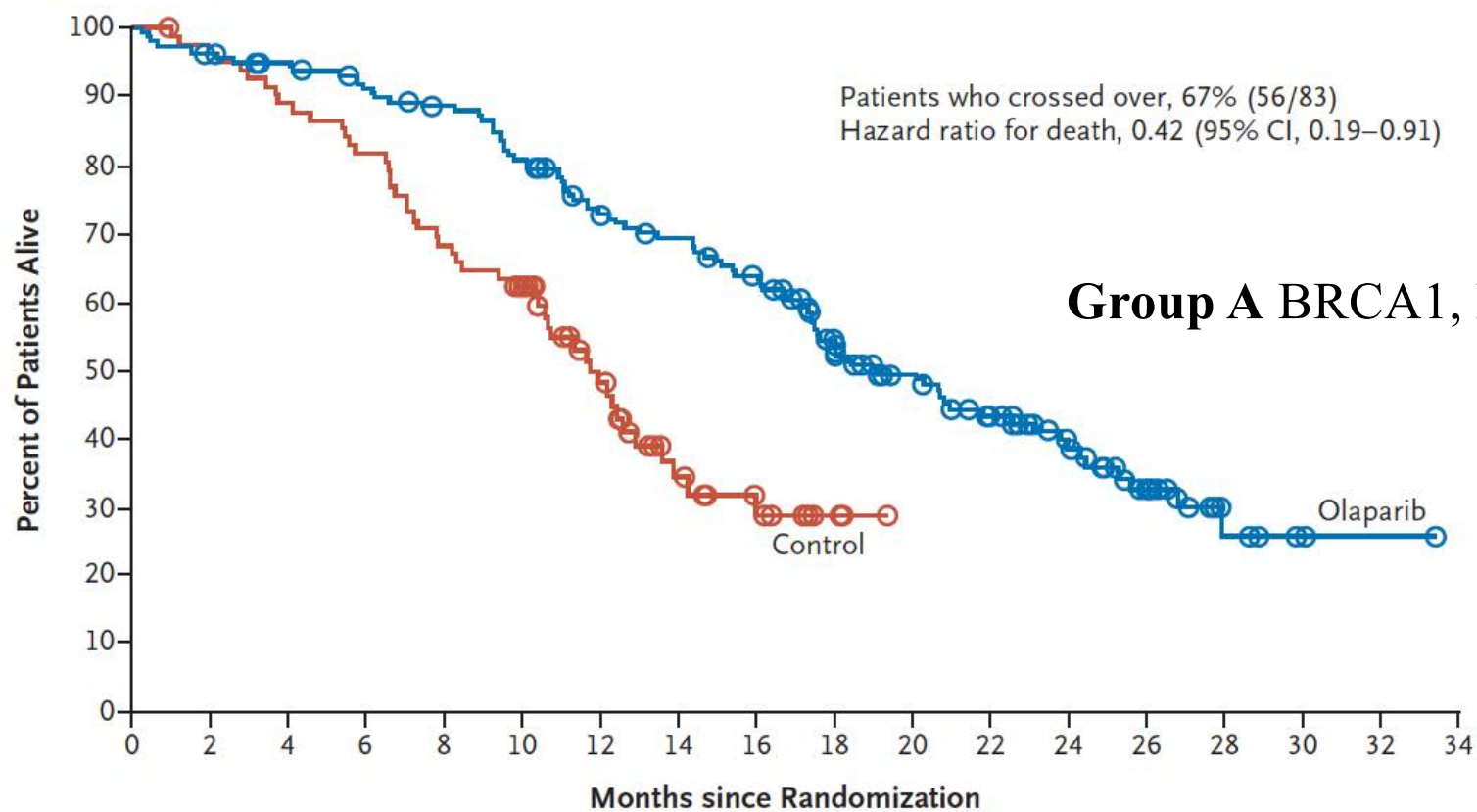
M. Hussain, J. Mateo, K. Fizazi, F. Saad, N. Shore, S. Sandhu, K.N. Chi, O. Sartor, N. Agarwal, D. Olmos, A. Thiery-Vuillemin, P. Twardowski, G. Roubaud, M. Özgüroğlu, J. Kang, J. Bургents, C. Gresty, C. Corcoran, C.A. Adelman, and J. de Bono, for the PROfound Trial Investigators\*

**Group A** BRCA1, BRCA2, ATM

**Group B:** BRIP1, BARD1, CDK12, CHEK1, CHEK2, FANCL, PALB2, PPP2R2A, RAD51B, RAD51C, RAD51D, and RAD54L



**B Crossover-Adjusted Analysis of Overall Survival in Cohort A**

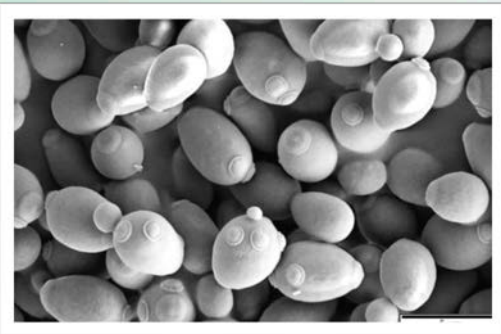


**No. at risk**

Olaparib	162	155	150	142	136	124	107	101	91	71	56	44	30	18	6	2	1	0
Control	83	79	73	67	56	47	29	15	9	3	0	0	0	0	0	0	0	0

# Cells possess a backup system to repair DNA

Exploiting the weakness of cancer cells can lead to new **precision medicine** approaches...



**How can precision medicine  
help resolve the pain?**

## **Sickle Cell Anemia: Symptoms usually appear around 6 months.**



### **Common SSD Symptoms**

Anemia

Episodes of pain

Swelling of hands and feet

Frequent infections

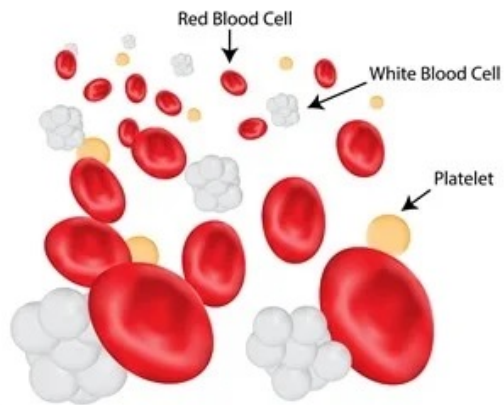
Delayed growth or puberty

Vision problems

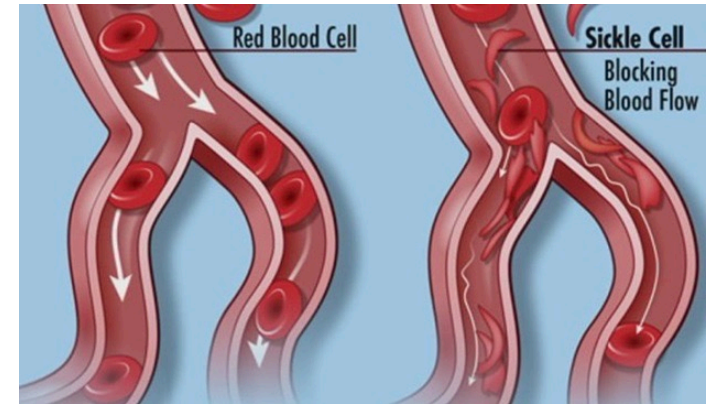
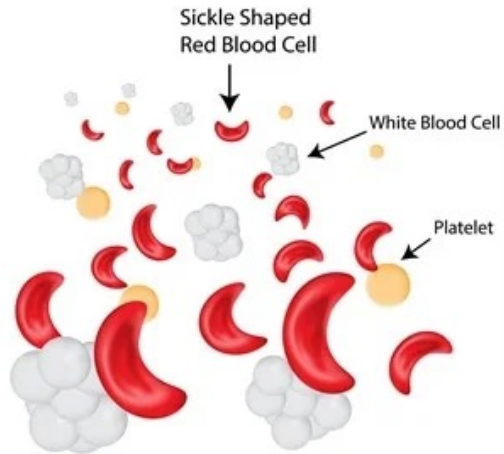


# Sickle Cell Anemia: One base-pair mutation- A spelling mistake that leads to chronic disease

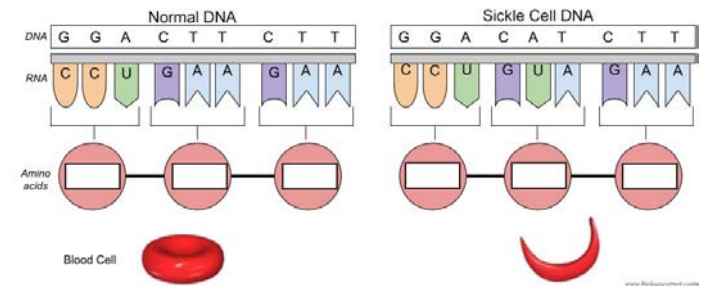
**Normal**



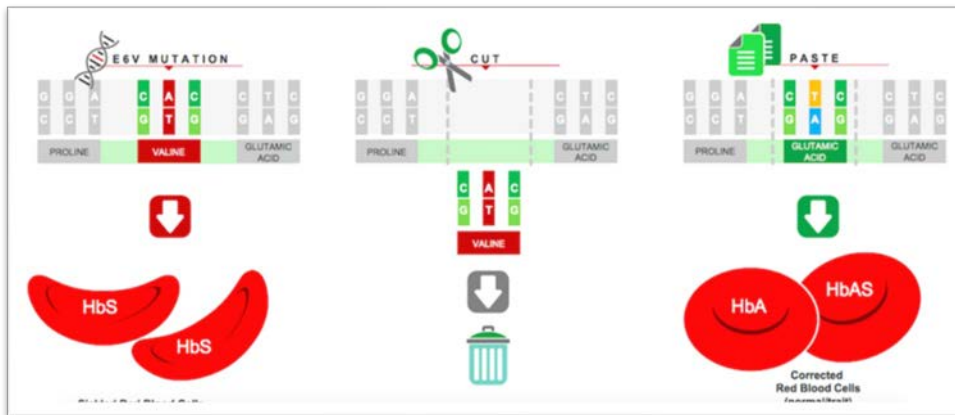
**Sickle Cell Anemia**



## Monogenic Disease



# Gene Editing through CRISPR-cas9 can correct defective red blood cells



LentiGlobin

# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

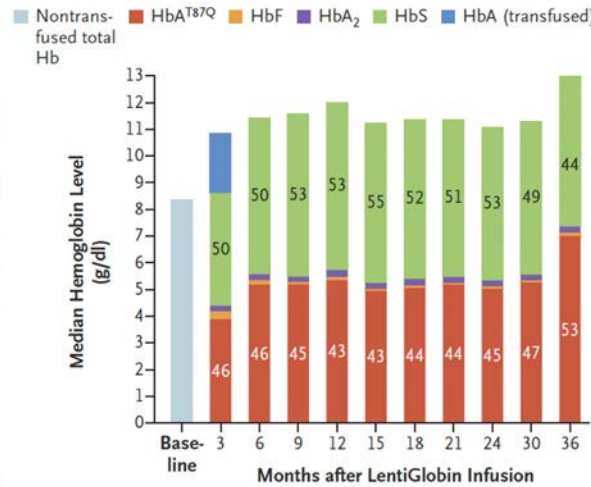
FEBRUARY 17, 2022

VOL. 386 NO. 7

## Biologic and Clinical Efficacy of LentiGlobin for Sickle Cell Disease

J. Kanter, M.C. Walters, L. Krishnamurti, M.Y. Mapara, J.L. Kwiatkowski, S. Rifkin-Zenenberg, B. Aygun, K.A. Kasow, F.J. Pierciey, Jr., M. Bonner, A. Miller, X. Zhang, J. Lynch, D. Kim, J.-A. Ribeil, M. Asmal, S. Goyal, A.A. Thompson, and J.F. Tisdale

### Hemoglobin Fractions



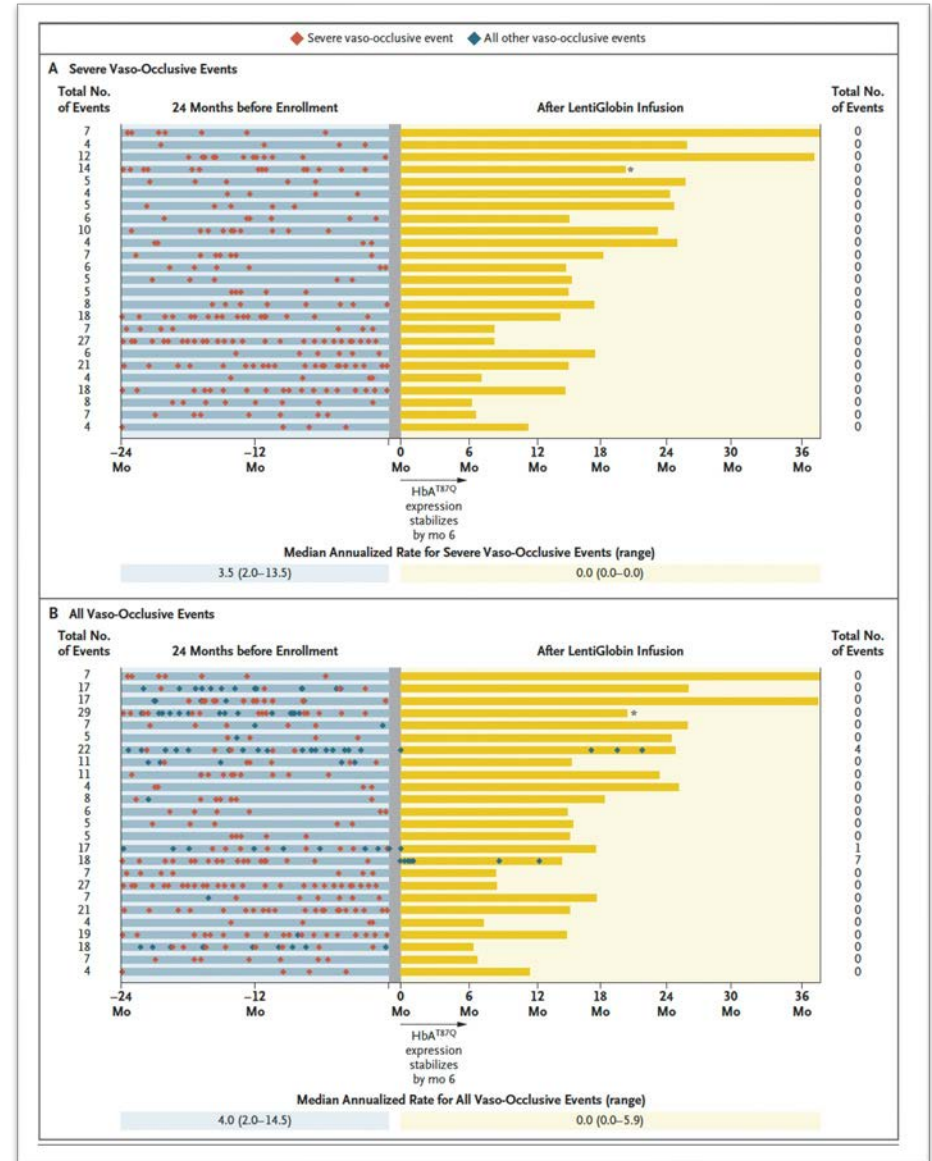
LentiGlobin produces antisickling hemoglobin, Hb<sup>AT87Q</sup>

After bone marrow transplantation, greater than 40% of red blood cells have non-sickling Hb



Read More

Feb 2022





A vibrant, colorful illustration of a busy city street scene. In the foreground, a group of diverse children are running and playing on a paved street. One child in the foreground is holding a large pink balloon. In the background, a person is climbing a large, leafy green tree. The street is lined with colorful buildings in shades of red, yellow, and blue. The sky is bright blue with a few white clouds. The overall atmosphere is lively and joyful.

Sickle Cell Anemia: Cure in hand  
*Costly and complex but feasible*



**DNA**

**How does our past fit into our  
precision medicine future ?**



## Article

# Elevated genetic risk for multiple sclerosis emerged in steppe pastoralist populations

<https://doi.org/10.1038/s41586-023-06618-z>

Received: 21 September 2022

Accepted: 6 September 2023

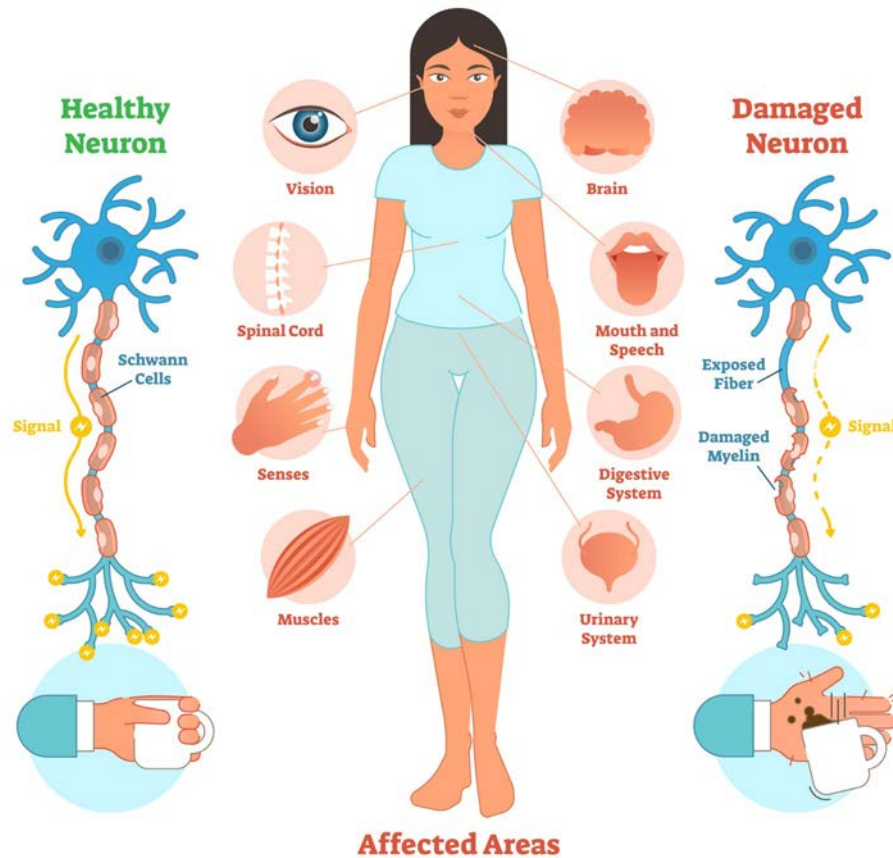
Published online: 10 January 2024

Open access

 Check for updates

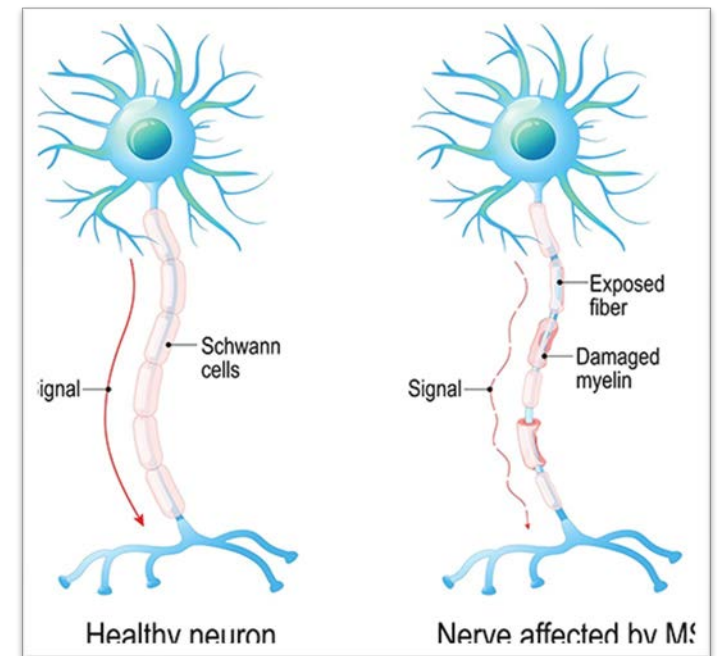
William Barrie<sup>1,20,21</sup>, Yaoling Yang<sup>2,3,21</sup>, Evan K. Irving-Pease<sup>4,21</sup>, Kathrine E. Attfield<sup>5,21</sup>, Gabriele Scorrano<sup>4,21</sup>, Lise Torp Jensen<sup>5,6,21</sup>, Angelos P. Armen<sup>5</sup>, Evangelos Antonios Dimopoulos<sup>7</sup>, Aaron Stern<sup>8</sup>, Alba Refoyo-Martinez<sup>4</sup>, Alice Pearson<sup>9</sup>, Abigail Ramsøe<sup>4</sup>, Charleen Gaunitz<sup>4</sup>, Fabrice Demeter<sup>4,10</sup>, Marie Louise S. Jørvok<sup>11</sup>, Stig Bermann Møller<sup>12</sup>, Bente Springborg<sup>12</sup>, Lutz Klassen<sup>13</sup>, Inger Marie Hyldgård<sup>13</sup>, Niels Wickmann<sup>14</sup>, Lasse Vinner<sup>4</sup>, Thorfinn Sand Korneliussen<sup>4</sup>, Morten E. Allentoft<sup>4,15</sup>, Martin Sikora<sup>4</sup>, Kristian Kristiansen<sup>4,16</sup>, Santiago Rodriguez<sup>3</sup>, Rasmus Nielsen<sup>4,8</sup>, Astrid K. N. Iversen<sup>5,17,22</sup>✉, Daniel J. Lawson<sup>2,3,22</sup>✉, Lars Fugger<sup>5,6,18,22</sup>✉ & Eske Willerslev<sup>1,4,19,22</sup>✉

## MULTIPLE SCLEROSIS



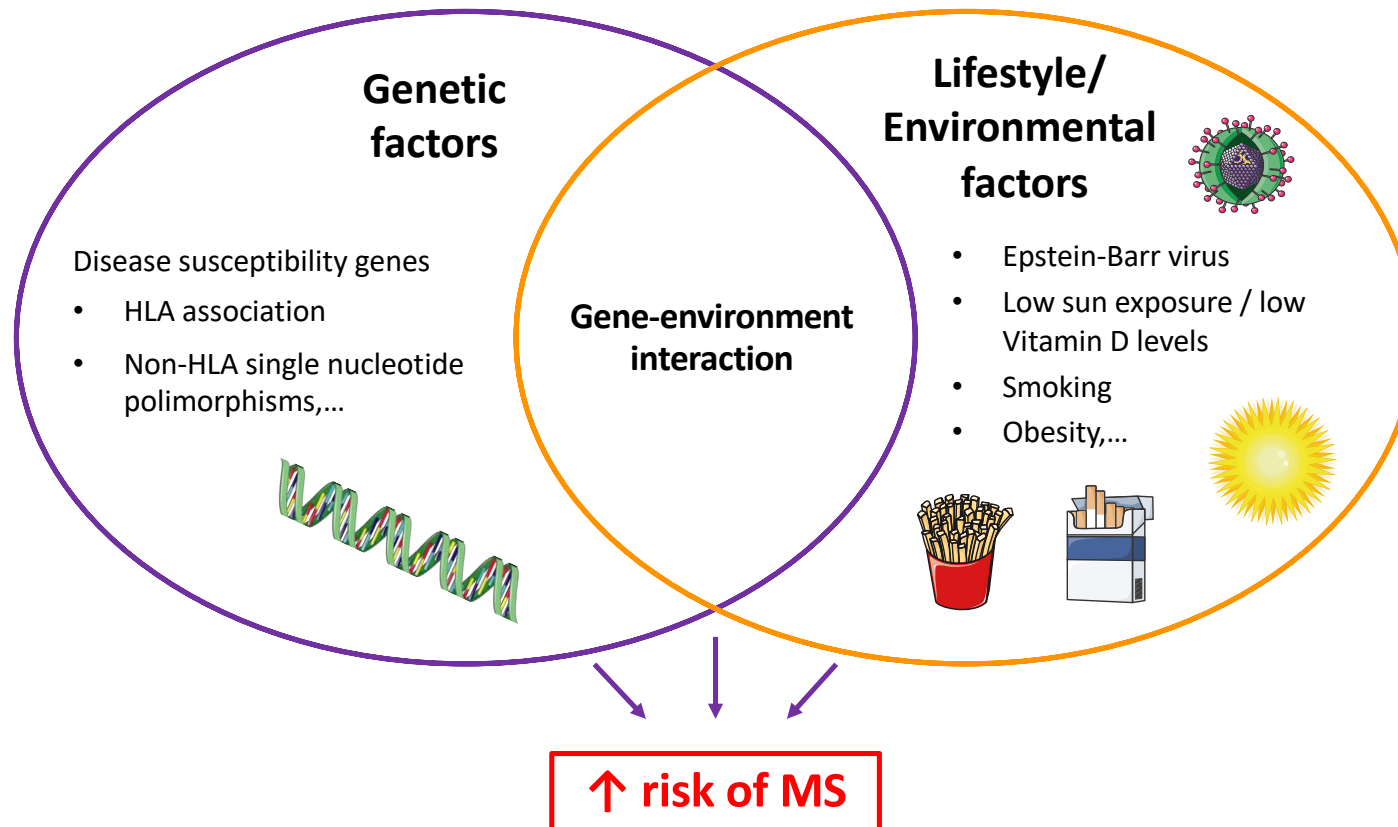
Multiple sclerosis is an **autoimmune disease**.

The immune system attacks the body's own tissues. In MS, immune system cells attacks myelin, the sheath that covers nerve fibers in the brain and spinal cord (the central nervous system).



Source: Oregon Health and Science University-Brain Institute

# MS risk factors



Oksenberg JR & Baranzini SE (2010), *Nat Rev Neurol*

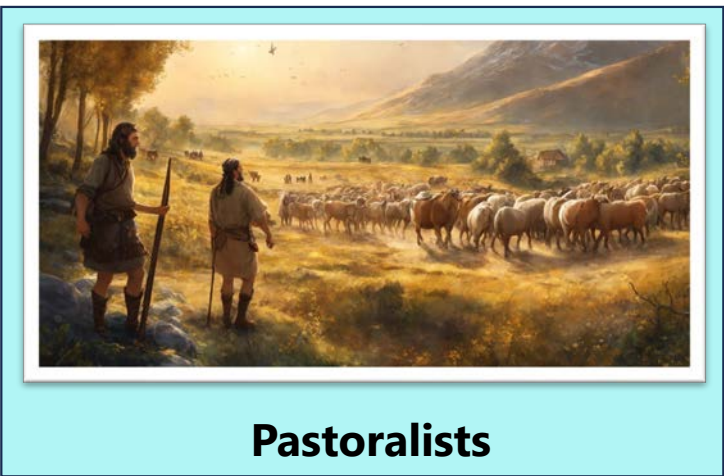
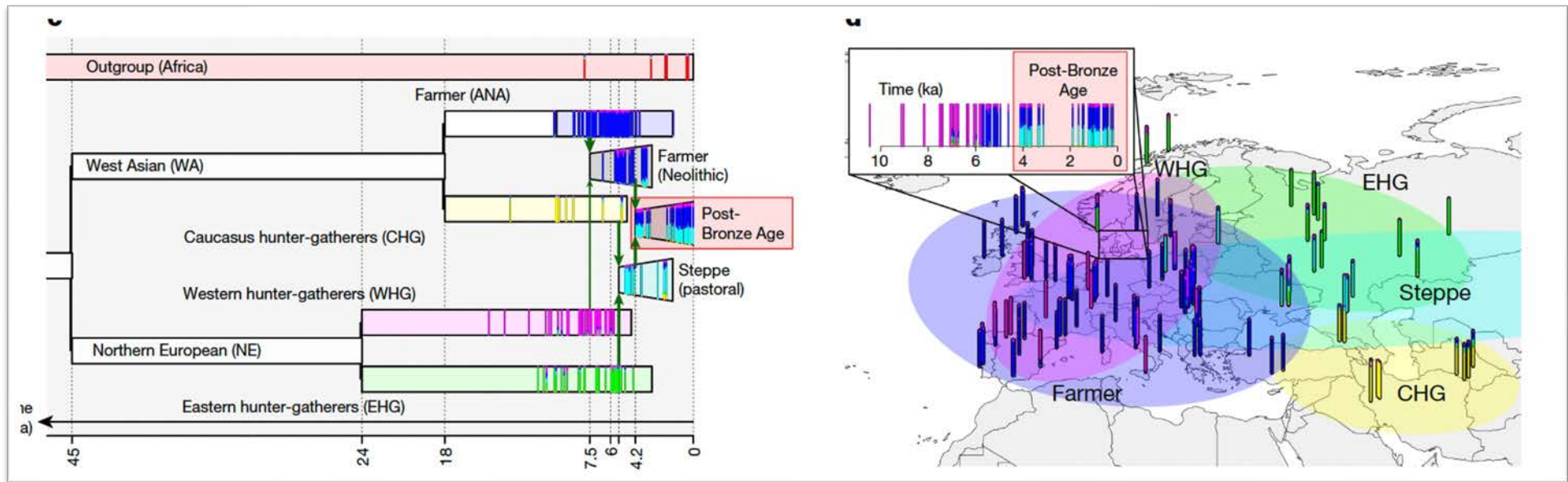


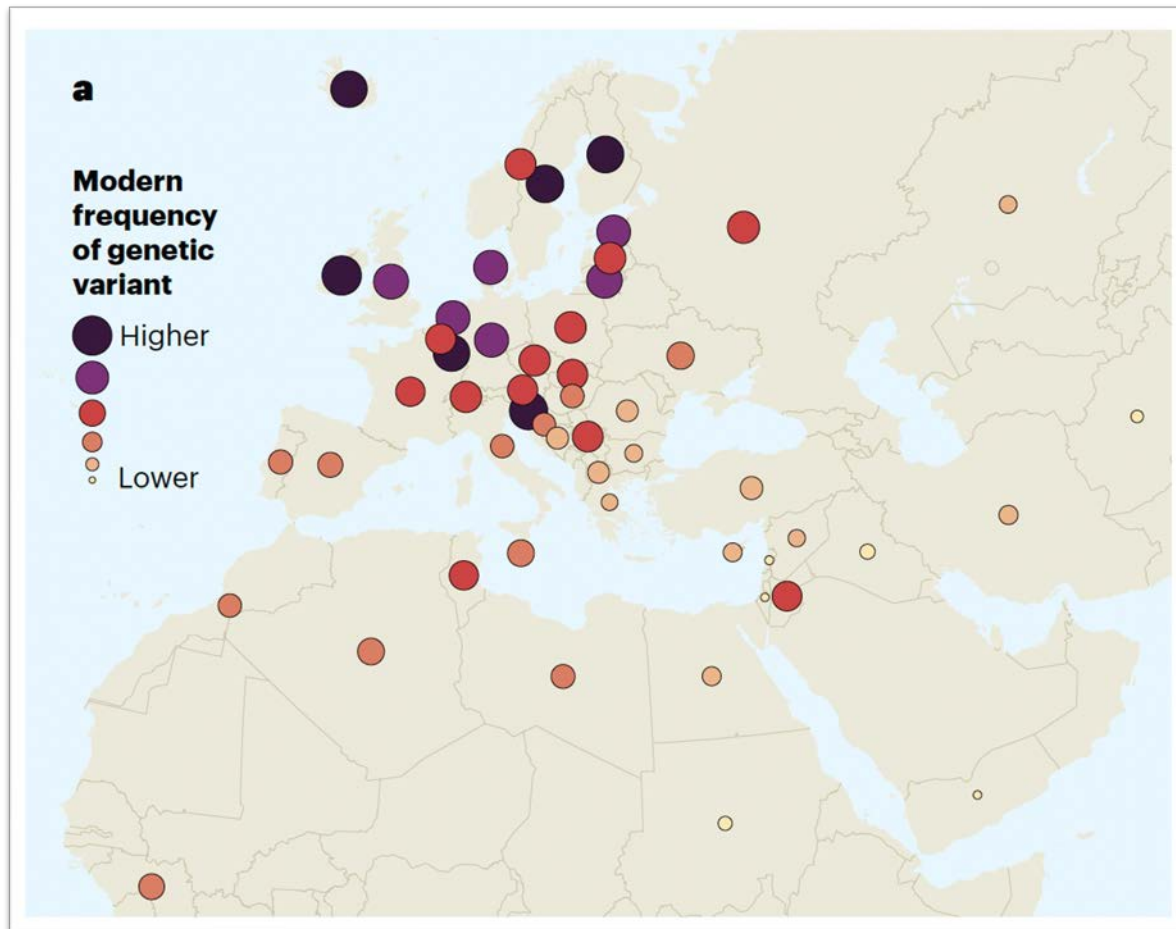
# Epidemiology

## GLOBAL DISTRIBUTION OF MS



<http://www.wehearthealth.org/what-is-multiple-sclerosis/>. Accessed September 1, 2016.





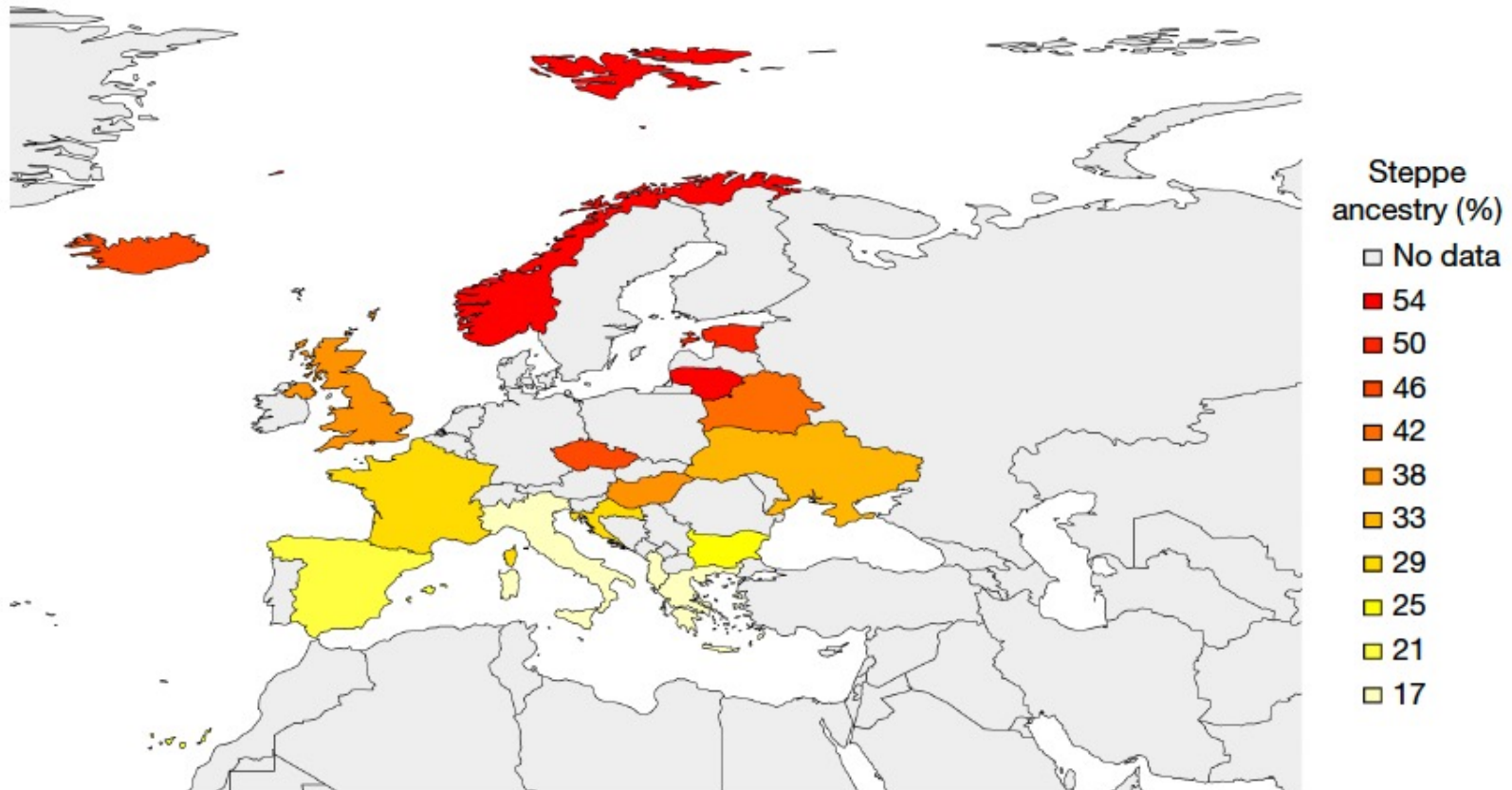
## Over 1600 Ancient Eurasian Genomes Sequenced

**HLA-DRB1\*15:01** variant associated with three-fold risk of MS

**HLA-DRB1\*15:01** variant is much less common in southern European populations and populations with non-European ancestry

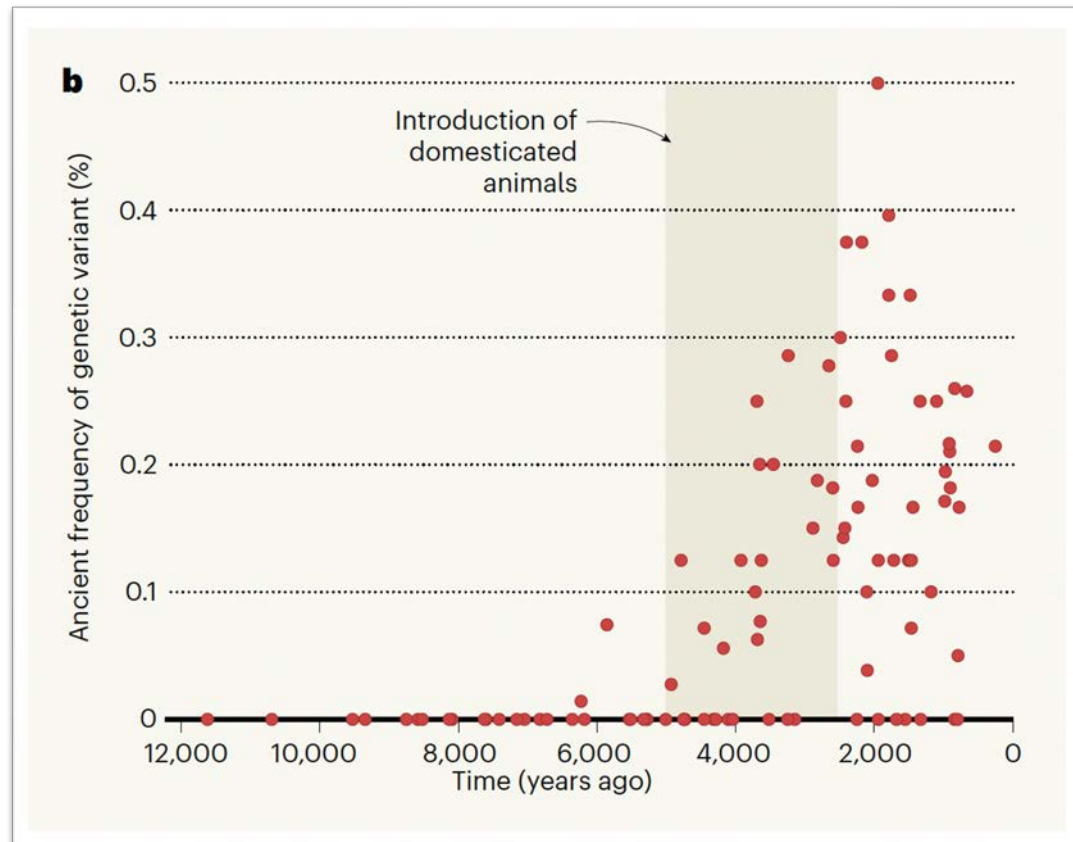
Used over 400K **UK Genome** to ask where were ancient genes located from the hunter gatherers, farmers, and pastoralist

# HLA-DRB1\*15:01





# ***The prehistoric origins of a genetic variant that elevates multiple sclerosis risk in northern Europeans.***



*Nature, News and Views, Samira Asgari & Lionel A. Pousaz, Jan 2024*

# Why have the HLA-DRB1\*15:01 variant if it is associated with MS?

Turning up the immune system to protect against infection may be a benefit if you are around animals  
..but puts you at risk for autoimmune diseases



**Hunter/Gatherers**



**Farmers**



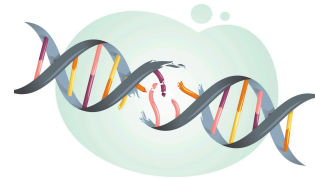
**Pastoralists**



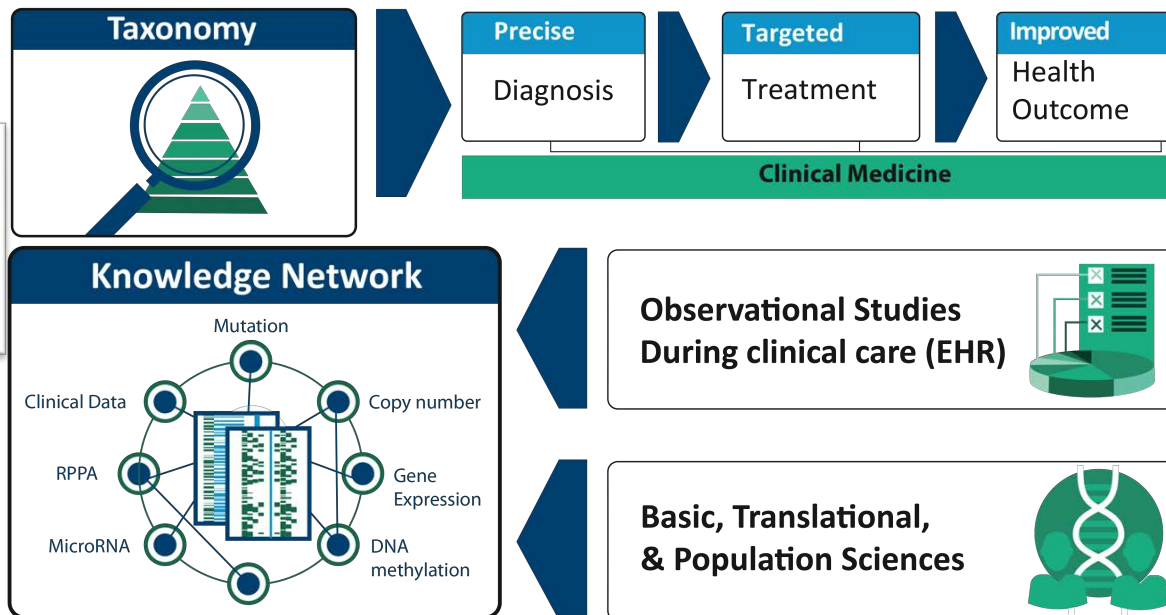


# The Promise and Future of Precision Medicine

Discover disease vulnerabilities



New Knowledge



Bold Therapies





**Grazie per l'attenzione**